

Born This Way

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Mike Hitchen (UK) - February 2011
音樂: Born This Way - Lady Gaga



Start 16 Counts From Heavy Beat.

Walk Walk, Shuffle ½ Turn, Walk Walk, Coaster Step

1-2 Walk right forward, Walk left forward
3&4 Step right ¼ turn left, Step left together, Step right ¼ turn left
5-6 Walk back left, Walk back right
7&8 Step left back, Step right together, Step left forward

Rock Step, Triple Step, Rock Step, Triple Step

1-2 Cross rock right over left, Return weight to left
3&4 Step right in place, Step left in place, Step right in place
5-6 Cross rock left over right, Return weight to right
7&8 Step left in place, Step right in place, Step left in place

***Both Restarts Here - Walls 5 & 10.**

Step ¼ Turn, Side Shuffle, Cross Rock, ¾ Triple Turn

1-2 Step right ¼ turn left, Step left Behind right
3&4 Step Right to side, Step left together, Step right to side
5-6 Cross rock left over right, Return weight to right
7&8 Step left ¼ turn left, Step right together, Step left ½ turn Left

Rock Step, Shuffle ¼ Turn Right, Cross Side, Sailor Step

1-2 Rock right forward, Return weight to left
3&4 Step right ¼ turn right, Step left together, Step right to side
5-6 Cross left over right, Step right to side
7&8 Step left behind right, Step right to side, Step left forward

***2 Restarts: Walls 5 & 10 - After 16 Counts.**
