

Born This Way

COPPER KNOB
BY STEPHEN BENTZ

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Craig Bennett (UK) & Simon Ward (AUS) - February 2011
音樂: Born This Way - Lady Gaga : (Album: Born This Way. CD: Single)



[1-8] Touch, swivel right, swivel left, Hold, Step beside, Cross/step, Rock side, ¼ turn, Shuffle forward

1&2 Touch ball of right to right side with toe pointing to right, Swivel right foot to right, Swivel right foot to left
3&4 Hold, Step right beside left, Cross/step left over right
5-6 Rock/step right to right side, turn a ¼ turn left taking weight onto left
7&8 Step right forward, Step left beside right, Step right forward

[9-16] Rock forward, Rock Back, Step together, Forward ½ Pivot, Forward, ½ turn, ¼ turn, Shuffle to right

1-2 Rock/step left forward. Rock/recover weight back on right
&3-4 Step left beside right, Step right forward, Pivot ½ turn left taking weight onto left
5-6 Step right forward, Step left forward making a ½ turn right
7&8 Step right back making a ¼ turn right, Step left beside right, Step right to right side

[17-24] Kick forward, Step together, Point to right side, ½ turn sailor step, ½ Pivot, ¼ turn, Weave right

1&2 Kick left forward, Step left beside right, Point right toe to right side
3&4 Step right behind left turning a ¼ turn right, Step left in place making a further ¼ turn right, Step right slightly forward
5-6 Pivot a ½ turn left & step forward on left, Step right forward making a ¼ turn left
7&8 Step left behind right, Step right to right side, Cross/step left over right

[25-32] Cross shuffle right, ½ turn left, Cross shuffle left, Right ball jacks, Right brush up

1&2 Cross/step right over left, Step left to left side, Cross/step right over left
&3&4 Turn a ½ turn left on right, Cross/step left over right, Step right to right side, Cross/step left over right
&5&6 Step back on right, Touch left heel forward at 45 deg left, Step onto left, Touch right beside left
&7&8 Step back on right, Touch left heel forward at 45 deg left, Step onto left, Touch right heel forward
& Raise right up to left knee

RESTART

TAG: Happens after wall 4 and 7 both facing front wall

[1-16] Step, hold, x3, Step half turn (When walking forward do monster arms like Lady Gaga)

1-2 Step forward right, Hold
3-4 Step forward left, Hold
5-6 Step forward right, Hold
7-8 Half turn pivot left, Hold

Repeat 8 counts

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