A True Love

拍數: 80

級數: High Beginner

編舞者: Mary Frances Chua (MY) - February 2011

音樂: What Is True Love? - Chiang Shu-Na

Sequence: 80 (12.00) - 24-80 (9.00) - 80 (6.00) - finale (3.00) Start dance upon vocals (16 sec)

S1: Twice Toe-Point, Sweep-Step, Twice Forward Toe-Strut

- 1-2 R toe-point to front, sweep-step back on R
- 3-4 L toe-point to front, sweep-step back on L
- 5-6 R forward toe , step down on ball
- 7-8 L forward toe , step down on ball

S2: Right Jazz Box, Side Rock, Cross Shuffle

- 1-2 R step forward, L cross over R
- 3-4 R step back, L step next to R
- 5-6 R rock to right side, recover on L
- 7&8 R cross shuffle, R-L-R

S3: Left Jazz Box, Side Rock, Cross Shuffle

- 1-2 L step forward, R cross over L
- 3-4 L step back, R step next to L
- 5-6 L rock to left side, recover on R
- 7&8 L cross shuffle, L-R-L
- RESTART: Wall 2 after 24 counts facing 9.00

S4: Forward Rock, ¼ Right Chasse, Cross Rock, Left Chasse

- 1-2 R rock forward, recover on L
- 3&4 ¹/₄ right turn, side chasse R-L-R [3]
- 5-6 L cross rock over R, recover on R
- 7&8 Side Chasse L-R-L

S5: (Kick-Ball-Point, Hip Bump) 2X

- 1&2 R kick forward, step back on R, L touch to left side
- 3&4 Hip bump R-L-R
- 5&6 L kick forward, step back on L, R touch to right side
- 7&8 Hip bump L-R-L

S6: Basic Cha Cha

- 1-2 R rock forward, recover on L
- 3&4 Back shuffle R-L-R
- 5-6 L back rock, recover on R
- 7&8 Forward shuffle L-R-L

S7: Twice Step Together, step Touch

- 1-2 R step to right, L together (spread both hands out from front to sides for count 1-4)
- 3-4 R step to right, L touch beside R
- 5-6 L step to left, R step together (spread both hands out from front to sides for count 5-8)
- 7-8 L step to left side, R touch beside L

S8: Basic Cha Cha

- 1-2 R rock forward, recover on L
- 3&4 Back shuffle R-L-R





牆數:4

- 5-6 L back rock, recover on R
- 7&8 Forward shuffle L-R-L

S9: (Right Diagonal Shuffle, Left Diagonal Shuffle) 2X

- 1&2 R diagonal shuffle R-L-R (slight travelling forward in small steps for count 1-8)
- 3&4 L diagonal shuffle L-R-L
- 5&6 R diagonal shuffle R-L-R
- 7&8 L diagonal shuffle L-R-L

S10: Forward Rock, ½ Right Turn Shuffle, Walk, Touch

- 1-2 R rock forward, recover on L
- 3&4 ¹/₂ right turn shuffle R-L-R [9]
- 5-6 Step forward L, R
- 7-8 Step forward L, R touch beside L

ENDING

Facing 3.00, dance Section 1. At count 5-6. 7-8, toe-strut with a ¼ left turn to face the front and end with a nice pose.

Enjoy This Simple Dance!