Johnny's Mambo



拍數: 32 牆數: 4 級數: Improver

編舞者: Angels Guix (ES) - December 2010

音樂: Johnny's Mambo - Dancelife



[1-8] Mambo Switches (Travelling Forward), Rock Step Back, ¾ Pivot Turn, Step Right

1&	Touch RF forward, step in place (travelling slightly forward)
2&	Touch LF forward, step in place (travelling slightly forward)
3&	Touch RF forward, step in place (travelling slightly forward)
4&	Touch LF forward, step in place

5,6 Rock RF backward, recover forward over LF
7& Step RF forward, ½ turn left and step LF in place

8 1/4 turn left over LF and step RF to the right

[9-16] Back Cross Mambo X2, Rocking Chair, Large Step Diagonally Forward, Step Together

1&2	Cross rock over ball of LF behind RF, recover over RF, step LF to left
3&4	Cross rock over ball of RF behind LF, recover over LF, step RF to right
5&	Rock LF forward, recover over RF
6&	Rock LF backward, recover over RF

7-8 1/8 turn right and large step LF diagonally side (10:00)

[17-24] Scissor X3, Step, 1/4 Turn, Cross

1&2	Step RF forward (1:00), ¼ turn to left and step LF together, Step RF forward (10:00)
3&4	Step LF forward (10:00), ¼ turn to right and step RF together, Step LF forward (1:00)
5&6	Step RF forward (1:00), 1/4 turn to left and step LF together, Step RF forward (10:00)
7&8	Step LF forward, 3/8 turn to right and step over RF (3:00), cross LF over RF

[25-32] 1/4 Turning Vine Right, Cross, Back, Side, Mambo Back, Touch Forward, Hip Bump

1&2	Step RF to right, step LF behind RF, ¼ turn right and step RF forward
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3&4	Cross LF over RF, step RF backward, step LF together
5&6	Rock RF back, recover over LF, step RF slightly forward
7&8	Tap ball of LF forward, bump left hip forward and step over LF

Start again

TAG: Once done 4th repetition there's a 16 counts bridge.

Feel free to do any movements in place (Add shoulder movement!)

Then start again with the 5th repetition.