Juan Soledad

拍數: 32

級數: Intermediate

編舞者: Angels Guix (ES) - January 2011

音樂: Juan Soledad - Son de Tikizia

After 32 counts introduction hold for 4 counts more, then start the dance with lyrics.

[1-8] Flick & Step, Mambo Forward, Mambo Back, Kick Ball Step, Pivot Turn

- &1 Flick RF backward & Step forward
- 2&3 Rock LF forward, recover back over RF, step LF together
- 4&5 Rock RF back, recover forward over LF, step RF together
- &6& Kick LF forward, step forward over ball of LF, step RF forward
- 7,8 LF Forward ,¹/₂ Pivot turn and step over RF

[9-16] ¼ Pivot Turn, Susy Q W/ Left, Susy Q W/Right, Out Out In In

- 1,2 Step LF forward, ¼ pivot turn and step RF to the right
- 3&4 Cross LF over RF, step RF to right, Cross LF over RF (do this cross shuffle swiveling over ball of feet)
- 5&6 Cross RF over LF, step LF to right, Cross RF over LF (do this cross shuffle swiveling over ball of feet)
- 7&8& Step LF to left, step RF to right, step LF to left, step RF to right

BRIDGE: On the second repetition, after the 16th count, there's a 2 count bridge. Just hold or add body roll for two counts then go on with the dance.

[17-24] Step Kick X2, Ball Cross Step, Rocking Chair, Step Together & Bend Knees

- 1& Step LF to left, Kick RF diagonally right
- 2& Step RF together, Kick LF diagonally left
- 3& Step over ball of LF back, Cross RF over LF
- 4 Step LF forward toward 7:30
- 5& Rock RF forward toward 7:30, recover over LF
- 6& Rock RF backward, recover over LF
- 7& Rock RF forward, recover over LF
- 8 Step RF together and bend knees

[25-32] Jazz Box X2 (Bended Knees Position And Wide Steps)

- 1 Cross RF over LF and turn 1/8 to right to be squared to 9:00
- 2 Step LF back
- 3 Step RF to right
- 4 Step LF forward
- 5-8 Repeat the Jazz Box

Start Again





牆數:4