My Heart Does

拍數: 64

級數: Improver

編舞者: Marie Sørensen (TUR) - February 2011

音樂: Something That My Heart Does - The McClymonts

Rumba Right, Touch, Side Rock Cross, Hold

- 1-2 Step Right to Right side, step Left beside Right
- 3-4 Step Fwd. Right, Touch Left beside Right
- 5-6 Rock Left to Left side, Recover
- 7-8 Cross Left in front of Right, Hold (Facing 12 O` Clock)

Side Rock Cross, Hold, Triple 3/4 turn Right, Hold

- 1-2 Rock Right to Right side, Recover
- 3-4 Cross Right in front of Left, Hold
- 5-6 ¼ turn Right, Step Back Left, Step Right beside Left
- 7-8 ¹/₂ turn Right, Step Left beside Right, Hold (Facing 9 O` Clock)

Heel, Hook, Heel, Flick, Lock Step Fwd. Right, Hold

- 1-2 Tap Right Heel Fwd. Hook Right in front of Left
- 3-4 Tap Right Heel Fwd. Flick Right up & to Right side
- 5-6 Step Fwd. Right, Lock Left behind Right
- 7-8 Step Fwd. Right, Hold (Facing 9 O` Clock)

Heel, Hook, Heel, Flick, Lock Step Fwd. Left, Hold

- 1-2 Tap Left Heel Fwd. Hook Left in front of Right
- 3-4 Tap Left Heel Fwd. Flick Left up & to Left side
- 5-6 Step Fwd. Left, Lock Right behind Left
- 7-8 Step Fwd. Left, Hold (Facing 9 O` Clock)

Mambo 1/2 turn Right, Scuff, 1/4 turn Right, Cross, Hold

- 1-2 Rock Fwd. Right, Recover
- 3-4 ¹/₂ turn Right, Step Fwd. Right, Scuff Left
- 5-6 Step Fwd. Left, make ¼ turn Right (Weight on Right)
- 7-8 Cross Left in front of Right, Hold (Facing 6 O` Clock)

Restart The Dance here at Wall 3 - Facing 12 O` Clock

Triple Full Turn Left, Kick, Coaster Step Back Left, Kick

- 1-2 1/2 Turn Left, Step Right back, Step Left beside Right
- 3-4 ¹/₂ turn Left, Step Right fwd. Kick Left Fwd.
- 5-6 Step Back Left, Step Right beside Left
- 7-8 Step Fwd. Left, Kick Right Fwd. (Facing 6 O` Clock)

Behind, Side, Cross, Point, Point, Point, Step Back, Heel Tap

- 1-2 Cross Right behind Left, Step Left to Left side
- 3-4 Cross Right in front of Left, Point Left to Left side
- 5-6 Point Left in front of Right, Point Left to Left side
- 7-8 Step back Left, Tap Right Heel Fwd. (Facing 6 O` Clock)

Coaster Step Right, Hold, ¼ Step Turn Right, Cross, Hold

- 1-2 Step Back Right, step Left beside Right
- 3-4 Step Fwd. Right, Hold





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- 5-6 Step Fwd. Left, ¼ turn Right (Weight on Right)
- 7-8 Cross Left in front of Right, Hold (Facing 9 O` Clock)

Restart: During Wall 3, After 40 Counts - Facing 12 O` Clock

Tag: After Wall 6 - 8 Counts tag - Facing 3 O` Clock

- Rumba Fwd. Right, Touch, Side Rock Cross, Hold
- 1-2 Step Right to Right side, step Left beside Right
- 3-4 Step Fwd. Right, Touch Left beside Right
- 5-6 Rock Left to Left side, Recover
- 7-8 Cross Left in front of Right, Hold

Have Fun!

Contact: www.sunshine-cowgirl-linedance.dk - sunshinecowgirl1960@gmail.com