Take Care

拍數: 32

級數: Beginner

編舞者: Terry Mchugh (UK) - May 2011

音樂: Handle With Care - The Traveling Wilburys

Step fwd tap, step back tap, lock steps, back tap.

- 1-2 step fwd on right, tap left behind right,
- 3-4 step back on left, tap right in front of left,
- 5-6 step fwd on right, lock step left behind right,
- 7-8 step fwd on right, tap left behind right,

Shuffles back x2, back rock, shuffle fwd.

- 1&2 shuffle back, stepping left, right, left,
- 3&4 shuffle back, stepping right, left, right,
- 5-6 rock back on left, recover on right,
- 7&8 shuffle fwd, stepping left, right, left,

Jazz box with scuff, cross rock left over right, shuffle 1/4 turn left.

- 1-2 cross right over left, step back on left,
- 3-4 step right to right side, scuff left across right,
- 5-6 cross rock left over right, recover on right,
- 7&8 shuffle 1/4 turn left, stepping left, right, left,

Step half turn left, rocking chair, side rock.

- 1-2 step fwd on right, pivot 1/2 turn left,
- 3-4 rock fwd on right, recover on left,
- 5-6 rock back on right, recover on left
- 7-8 rock right to right side, recover on left.

Restart: At end of wall five (facing3,o, clock), dance first 16 counts of wall six, then start dance from the beginning.





牆數: 4