Xtra Love

拍數: 64

級數: Intermediate

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音樂: Love Love - Take That

32 Count intro,

Rock right and left, step fwd on right, tap left behind right, shuffle back, back rock.

- 1-2 rock right and left,
- 3-4 step fwd on right, tap left behind right,
- 5&6 shuffle back stepping left, right, left,
- 7-8 rock back on right, recover on left

Weave left, rock left, recover on right with 1/4 turn right, shuffle fwd.

- 1-2 cross right over left, step left to left side,
- 3&4 cross right behind left, step left to left side, cross right over left,
- 5-6 rock left to left side, recover on right with 1/4 turn right,
- 7&8 shuffle fwd, stepping left, right, left,

Kick ball change and two heel bounces x2.

- 1&2 kick right fwd, step right beside left, step left in place,
- 3-4 bounce both heels on the spot twice
- 5-8 repeat steps 1&2 and 3-4

Short weave left, sailor step, short weave right, sailor step.

- 1-2 cross right over left, step left to left side,
- 3&4 cross right behind left, step left beside right, step right in place,
- 5-6 cross left over right, step right to right side,
- 7&8 cross left behind right, step right beside left, step left in place,

Walk fwd, right, left, heel tap and toe tap x2

- 1-2 walk fwd right, left,
- 3-4 tap right heel in place, tap right toe in place
- 5-8 repeat steps 1-2 and 3-4,

Cross rock side rock, cross chasse, shuffle 1/4 turn right.

- 1-2 cross rock right over left recover on left
- 3-4 rock right to right side, recover on left,
- 5&6 cross chasse to left, stepping right, left, right,
- 7&8 shuffle 1/4 turn right, stepping left, right, left,

Back rock, heel digs x2, step fwd on right, tap left behind right, step left back, tap right beside left.

- 1-2 rock back on right, recover on left,
- 3&4& dig right heel fwd, step right beside left, dig left heel fwd, step left beside right
- 5-6 step fwd on right, tap left behind right,
- 7-8 step back on left, tap right beside left

Cross points x2, step fwd on right, pivot 1/4 turn left, back rock.

- 1-2 cross right over left, point left to left side,
- 3-4 cross left over right, point right to right side,
- 5-6 step fwd on right, pivot 1/4 turn left,
- 7-8 rock back on right, recover on left.





牆數:4