

# Nothin' But The Music

**COPPER** KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: High Intermediate  
編舞者: Debbie McLaughlin (UK) - May 2011  
音樂: Music - Leela James : (Album: A Change is Gonna Come)



Count In: Straight after instrumental on first beat when the lyrics come in (12 seconds)

## WALK WALK, ANCHOR STEP ½ TURN, TURN CROSS SIDE, BEHIND SIDE CROSS

- 1 2      Walk forward R, Walk forward L  
3&4      Step R slightly behind L, Recover weight onto L, Make ½ turn R stepping R forward (6 o clock)  
5&6      Make ¼ turn R stepping L to L, Cross R over L, Step L to L (9 o clock)  
7&8      Cross R behind L, Step L to L, Cross R over L to face L diagonal 7 o clock (sweep L around from back to front)

## CROSS BACK, BACK LOCK BACK SIDE, CROSS BACK, BACK LOCK BACK SIDE

- 1 2      Cross L over R, Step back on R  
3&4&      Step back on L, Lock R across L, Step back L, Step R slightly back  
5 6      Cross L over R, Step back on R  
7&8&      Step back on L, Lock R across L, Step back L, Step R slightly back

\*\*\*\* These 8 counts are to be done facing 7 o clock and travelling backwards towards 2 o clock)

## WALK WALK, STEP ½ TURN STEP, SWEEP TOUCH, BACK LOCK BACK SIDE

- 1 2      Straightening up to 9 o clock wall - Walk forward L, Walk forward R  
3&4      Step L forward, Pivot ½ turn R taking weight forward onto R, Step L forward (3 o clock)  
5 6      Keeping weight on L, sweep R foot round ½ turn over L shoulder, Touch R forward (9 o clock)  
7&8&      Step back on R, Lock L over R, Step back on R, Step slightly back on L

## CROSS ROCK RECOVER, BEHIND ¼ TURN, STEP ½ STEP, STEP ½ TURN ROCK RECOVER

- 1 2 3      Cross R over L, Rock L to L side, Recover weight onto R  
&4      Cross L behind R, make ¼ turn R stepping forward R (12 o clock)  
5&6      Step L forward, Pivot ½ turn R taking weight on R, Step L forward (6 o clock)  
7&8&      Step R forward, Pivot ½ turn L taking weight on L, Rock forward on R, Recover weight back onto L (12 o clock)

## BACK SWEEP BACK SWEEP, BEHIND SIDE CROSS, UNWIND FULL TURN & CROSS, SWITCH & SWITCH

- 1 2      Step back R and sweep L from front to back, Step back L and sweep R from front to back  
3&4      Cross R behind L, Step L to L side, Cross R over L  
5&6      Unwind full turn over L shoulder ending with weight on R, Step L to L side, Cross R over L  
7&8      Touch L to L side, Step L in place, Touch R to R side

## MONTEREY TOUCH, ROCK RECOVER ¼ TURN, ½ TURN ½ TURN, FORWARD ROCK BACK ROCK

- 1 2      Make ½ turn over R shoulder stepping R beside L, Touch L to L side (6 o clock)  
3&4      Rock L across R, Recover back onto R, Make ¼ turn L stepping L forward (3 o clock)  
5 6      Make ½ turn L stepping back on R, Make ½ turn L stepping forward on L (3 o clock)  
7&8&      Rock forward on R, Recover back onto L, Rock back on R, Recover weight forward onto L

## PRESS SWEEP, BEHIND SIDE CROSS, ROCK RECOVER CROSS, ¼ TURN ¼ TURN CROSS

- 1 2      Press R forward, Recover weight back onto L whilst sweeping R from front to back  
3&4      Cross R behind L, Step L to L side, Cross R over L  
5&6      Rock L out to L side, Recover weight onto R, Cross L over R

7&8                    Make ¼ turn L stepping back on R, Make ½ turn L stepping forward on L, Step forward on R  
(6 o clock)

**HIP ROLL &, MAMBO STEP, MAMBO STEP, COASTER STEP LOCK**

1 2&                    Rock forward on L (rolling L hip anti-clockwise front to back), Recover weight onto R, Step L  
beside R

3&4                    Rock forward on R, Recover back onto L, Step R beside L

5&6                    Rock forward on L, Recover back onto R, Step L beside R

7&8&                    Step back on R, Step L beside R, Step L forward, Lock L behind R

**Restarts: (Restarts take the dance to the opposite 2 walls)**

**During 2nd Wall – Dance up to count 16 (ending weight on L) and restart the dance facing 3 o clock**

**During 5th Wall – Dance up to count 48& and restart the dance facing 6 o clock**

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