

# Rolling In The Deep

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Improver WCS  
編舞者: Marie-Aimé Le Barillec (FR) - May 2011  
音樂: Rolling in the Deep - Adele



**Intro: 8 counts or start dancing on lyrics**

## **FORWARD SHUFFLE, FORWARD SHUFFLE, OUT, OUT, IN, IN**

1&2      Chassé forward right, left, right in diagonal right  
3&4      Chassé forward left, right, left in diagonal left  
5-6      Step right diagonal forward right, step left diagonal forward left  
7-8      Step right back, step left together

## **RIGHT ROCKING CHAIR FORWARD AND BACK, STEP ¼ TURN, STEP ¼ TURN**

1-2      Rock right forward, recover to left  
3-4      Rock right back, recover to left  
5-6      Step right forward, turn ¼ left (weight to left) (9:00)  
7-8      Step right forward, turn ¼ left (weight to left, 6:00)

## **TOE STRUT & BUMP FORWARD, TOE STRUT & BUMP FORWARD, SAILOR STEP, BEHIND SIDE CROSS**

1-2      Touch right toe forward bumping hip forward, put right heel (weight to right)  
3-4      Touch left toe forward bumping hip forward, put left heel (weight to left)  
5&6      Cross right behind left, step left together, step right to side  
7-8      Cross left behind right, step right to side, cross left over right

## **SIDE ROCK STEP, BEHIND SIDE CROSS, ROCK STEP FORWARD, COASTER STEP BACK**

1-2      Rock right to side, recover to left  
3&4      Cross right behind left, step left to side, cross right over left (weight to right)  
5-6      Rock left forward, recover to right  
7&8      Step left back, step right together, step left forward (weight to left)  
**Option for counts 7&8 above: make triple full turn left stepping left, right, left (weight to left, 6:00)**

## **REPEAT**

**ENDING:** After the 12th wall, facing 12:00: touch right toe forward, bumping hip forward, (weight to left)