Parachute And Paso (P&P)



拍數: 32 牆數: 4 級數: Improver

編舞者: Roosamekto Mamek (INA) - June 2011

音樂: Parachute - Cheryl



Intro: 4 counts

1-4	Cross left over right, step right top side, recover to left, cross right over left
5-8	Step left to side, recover to right, cross left over right, turn z left and step left together
(add styling by stretching both hand shoulder level or place both palm of hands on hips)	
1-4	Cross left over right, step right to side, cross left behind right, step right to side
5-8	Cross left over right, step right to side, cross left over right, unwind ? turn right (weight on right)
1-4	Step left diagonally back, step right diagonally back, cross left over right, hold
5-8	Step right diagonally back, step left diagonally back, cross right over left, hold
1&2	Cross/rock left over right, recover to right, step left to side
3&4	Cross/rock right over left, recover to left, step right to side
5-6	Cross left over right, touch ride to side
7-8	Cross right over left, touch left to side

REPEAT

TAG: At the end of wall 5th

1-4 Hold for 4 counts (add any hand movement you like)