El Cobra



拍數: 96 牆數: 1 級數: Improver

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音樂: El Cobra - Fito Olivares



16 counts introduction.

FORWARD SHUFFLES

1&2 Forward shuffle RLR
3&4 Forward shuffle LRL
5&6 Forward shuffle RLR
7&8 Forward Shuffle LRL

Hands: With palms down, bring hands up and down like tapping on a drum

BACKWARD SHUFFLES

1&2 Backward shuffles RLR
3&4 Backward shuffles LRL
5&6 Backward shuffles RLR
7&8 Backward shuffles LRL

Hands: With palms down, bring hands up and down like tapping on a drum

BASIC REVERSE CUMBIA - 2X

1&2 Step RF to side, step LF in place, step RF next to LF

Step LF in place, step RF back,, step LF in place, step RF next to LF

5&6 Step LF to side, step RF in place, step LF next to RF

&7&8 Step RF in place, step LF back, step RF in place, step LF next to RF

Repeat this section again.

SIDE SHUFFLE, 1/4 TURN SHUFFLE, DRAW CIRCLE RIGHT AND LEFT 4X

1&2 Step RF to side, together LF, RF to side

3&4 ¼ turn left, step LF to side, together RF, LF to side
 5&6 Draw a circle with RF, step LF in place, step RF in place
 7&8 Draw a circle with LF, step RF in place, step LF in place

Repeat 4X to complete 4 walls – 32 counts

STEP, TOGETHER, CHASSE TO RIGHT, STEP, TOGETHER, CHASSE TO LEFT

1-2 Step RF to right, LF next to right

3&4 Step RF to right, LF next to right, step RF to right

5-6 Step LF to left, RF next to left

7&8 Step LF to left, RF next to left, step LF to left

ROCK BACK, CHASSE TO RIGHT, ROCK BACK CHASSE TO LEFT

1-2 Rock RF back, replace LF in place

3&4 Step RF to side, LF next to RF, step RF to side

5-6 Rock LF back, replace RF in place

7&8 Step LF to side, RF next to LF, step LF to side

STEP, TOGETHER, CHASSE TO RIGHT, STEP, TOGETHER, CHASSE TO LEFT

1-3 Step RF to right, LF next to right

3&4 Step RF to right, LF next to right, step RF to right

5-6 Step LF to left, RF next to left

7&8 Step LF to left, RF next to left, step LF to left

ROCK BACK, CHASSE TO RIGHT, ROCK BACK CHASSE TO LEFT

1-3 Rock RF back, replace LF in place

3&4 Step RF to side, LF next to RF, step RF to side

5-7 Rock LF back, replace RF in place

7&8 Step LF to side, RF next to LF, step LF to side

HAVE FUN!!!!!!!!!