Cowboy Superstar



編舞者: Louise Elfvengren (NOR) - July 2011 音樂: Cowboy Superstar - Rasmus Eriksson



Start dance intro after he say the freeway ...step 1 on word here (circa 20 sec.) (Count in intro 5-6-7-8 after word "Say"...)

Intro: (Totally 16 Counts)

STEP TURN ½, CROSS, STEP BACK. SHUFFLE BW, ROCK RECOVER (ends stomp, hitch)

1-2 Step right forward, turn ½ left stepping left forward. (6)

3-4 Cross right in front of left, step left backward

5&6 Step right back, step left besid right, step right back

7-8 Rock left back, recover onto right.

9-10 Step left forward, turn ½ right stepping right forward. (12)

11-12 Cross left in front of right, step right backward
13&14 Step left back, step right beside left, step left back
15-16 Stomp right foot, hitch right foot from the ground.

SECTION 1: ROCK SIDE REC. BACK SIDE CROSS, ROCK TURN 1/4 RIGHT ON RECOVER, FULL TRIPLE TURN (OR SHUFFLE FW)

1-2 Rock to right side, recover onto left.

3&4 Step right behind left, step left beside right, cross right in front of left.

5-6 Rock left to left, turn ¼ right recover onto right. (3)

7&8 Turn ½ right stepping back on right, turn ¼ right stepping down on left, turn ¼ right stepping

down on right. (3)

OPTION 7&8 SHUFFLE FORWARD

7&8 Step left forward, step right beside right, step left forward.

SECTION 2: ROCK FW REC, COASTER STEP. KICK BALL STEP, STOMP HEEL

1-2 Rock right forward, recover left.

3&4 Step right back, step left next to right, step right forward.

5&6 Kick left forward, step down on left beside right, step forward on right.

7-8 Stomp left heel count 7 - 8 on the spot

TAG - WALL 2: 4 COUNTS - AFTER SECTION 2

SWAY FULL BODY, stepping right left right left on the spot

THEN RESTART (9 o clock)

SECTION 3: ROCK FW REC, HALF TURN SHUFFLE, JAZZ BOX WITH TOUCH

1-2 Rock right forward, recover onto left

3&4 Turn right stepping ½ right, step left beside right, step right forward (9)

5-8 Cross left in front of right, step right back, step left to side, touch right beside left.

SECTION 4: ROCK SIDE REC, CROSS SHUFFLE, 1/4 HEEL & HEEL, & ROCK REC

1-2 Rock right to side recover onto left

3&4 Cross right in front of left, step left to side, cross right in front of left

5&6& Turn ¼ left putting forward left heel, step left beside right, put forward right heel, step right

beside left (6)

7-8 Rock left forward, recover onto right.

SECTION 5: WALK BW X 2, SHUFFLE FORWARD, ROCKING CHAIR

1-2 Walk back left – right
 3&4 Step left forward, step right beside left, step left forward
 5-8 Rock right forward, recover onto left, rock right back, recover onto left.