Rabiosa



拍數: 64 牆數: 2 級數: Intermediate 編舞者: Linda Wolfe (AUS) - June 2011 音樂: Rabiosa (feat. Pitbull) - Shakira: (CD: Sale El Sol) 16 Count Intro - Start on Vocals) Side Rock, Hinge 1/2 Turn Right, Cha Cha Cha, Cross, Side, Behind, Side, Cross, 1 - 2Rock Right out to Right side. Recover weight on Left. 3&4 Hinge turn 1/2 turn Right and step Right. Left. Right on the spot. (Facing 6 o'clock) 5 - 6Cross Left over Right. Step Right to Right side. 7&8 Cross Left behind Right. Step Right to Right side. Cross step Left over Right. Side Rock. Cross Shuffle Left. 1/4 Turn Right. 1/4 Turn Right. Cross & Heel Jack. 1 - 2Rock Right out to Right side. Recover weight on Left. 3&4 Cross step Right over Left. Step Left to Left side. Cross step Right over Left. 5 - 6Turn 1/4 turn Right stepping back on Left. Turn 1/4 turn Right stepping Right to Right side. (12 o'clock) 7& Cross step Left over Right. Step slightly back on Right. 88 Touch Left heel diagonally forward Left. Step Left beside Right. Cross & Heel Jack. Forward Rock. 3/4 Triple. Right Cross Samba. 1& Cross step Right over Left. Step slightly back on Left. 2& Touch Right heel diagonally forward Right. Step Right beside Left. 3 - 4Rock forward on Left. Recover weight on Right. 5&6 Turning 3/4 turn Left step Left. Right. Left. (Facing 3 o'clock) Cross step Right Forward over Left. Rock Left to Left side. Step slightly forward on Right. 7&8 Cross. 1/4 Turn Left. 1/2 Turn Shuffle Forward Left. Right Kick Ball Step. Step Right with 1/4 Turn Left. Drag. 1 - 2Cross step Left over Right. Turn 1/4 turn Left stepping back on Right. (Facing 12 o'clock) 3&4 Turn 1/2 turn Left shuffling forward Left. Right. Left. (Facing 6 o'clock) 5&6 Kick Right forward. Step ball of Right beside Left. Step slightly forward on Left. 7 - 8Step Right to Right side turning 1/4 turn Left. Drag Left to step Left beside Right. (3 o'clock) @@@@Step. Lock. Step Lock Shuffle. Forward Rock. 1/2 Turn Left. 1/2 Turn Left 1 - 2Step forward on Right. Lock Left behind Right. 3&4 Step forward on Right. Lock Left behind Right. Step forward on Right. 5 - 6Rock forward on Left. Recover weight on Right. 7 - 8Turn 1/2 turn Left stepping forward on Left. Turn 1/2 turn Left stepping back on Right. (3 o'clock) Back Rock. Step Pivot 1/2 Turn Right. 2 x 1/2 Turns Right. Right Shuffle Forward. 1 - 2Rock back on Left. Recover weight on Right. 3 - 4Step forward on Left. Pivot 1/2 turn Right. (Facing 9 o'clock) 5 - 6Turn 1/2 turn Right stepping back on Left. Turn 1/2 turn Right stepping forward on Right. 7&8 Shuffle forward on Left. (Facing 9 o'clock) #### Out. Out. In. In. Step Pivot 1/4 Turn Left. Cross. Hold. Ball Step, Cross Shuffle Left. &1 Step Right out to Right side. Step Left out to Left side. Step Right to Centre. Step Left to Centre. 3 - 4Step forward on Right. Turn 1/4 turn Left. (Weight on Left) (Facing 6 o'clock) 5 - 6Cross step Right over Left. Hold.

&7&8 Step Left to Left side. Cross step Right over Left. Step Left to Left side. Cross step Right over

Left.

Forward Rock with 1/4 Turn Left. Left Coaster Step. Step Pivot 1/2 Turn Left. Step Pivot 1/4 Turn Left.

1 – 2 Turning 1/4 turn Left, Rock forward on Left. Recover weight on Right. (Facing 3 o'clock)

3&4 Step back on Left. Step Right beside Left. Step forward on Left.
5 - 6 Step forward on Right. Pivot 1/2 turn Left. (Facing 9 o'clock)
7 - 8 Step forward on Right. Pivot 1/4 turn Left. (Facing 6 o'clock)

Restart: On Wall 2, restart the sequence after Count 48. Replace Count 46 with 1/4 turn Right, stepping Right to Right side. Cross shuffle to the Right. to face 12 o'clock and restart.

@@@@ Bridge: During Wall 5 after Count 32, add Right Rocking Chair for 4 counts, then continue that same wall from Count 33.

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