Second Sunday



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Celia Stevens (NZ) - July 2011

音樂: Second Sunday - Jessica Andrews: (Album: Now)



16 Count Intro, start on vocals. - This dance is done in all four directions rotating anti-clockwise:

[1 - 8] CROSS, SIDE, SAILOR, CROSS, SIDE, SAILOR.

1, 2, 3&4 Step R over left, Step L to side, Step R behind, Step L to side, Step R to side, Step L over right, Step R to side, Step L behind, Step R to side, Step L to side.

[9 - 16] SYNCOPATED ROCKING CHAIR, FWD POINT, CROSS, 1/4, SHUFFLE.

1 & 2 & [Do the following on an angle facing 11:00] Step R forward, Recover weight L, Step R back, Recover weight L

3, 4 [Straighten up to 12:00] Step R forward, Point L toe to side,

5, 6 7&8 Step L over right, Turn 1/4 left step R back, Step L back, Step R together, Step L back. 9:00

[17 - 24] ROCK, 1/4 SHUFFLE, BEHIND, SIDE, CROSS SAMBA.

1, 2, 3&4 Step R back, Recover weight L, Turn ¼ left step R to side, Step L together, Step R to side, 6:00

5, 6, 7&8 Step L behind, Step R to side, Step L over right, Step R to side, Step L to side, [Wall 5 Restart here-3:00] (^)

[25 - 32] CROSS, 14, 1/2 SHUFFLE, FWD 3/4 PIVOT, SHUFFLE.

1, 2, Step R over left, Turn ¼ right step L back, 9:00

3&4 Turn ½ right step R forward, Step L together, Step R forward, 3:00

5, 6 Step L forward, Turn ¾ right weight R 12:00
7&8 Step L to side, Step R together, Step L to side.

[33 - 40] ROCK, COASTER, FWD COASTER, 1/2, 1/4.

1, 2, 3&4 Step R forward, Recover weight L, Step R back, Step L together, Step R forward,

5&6 Step L forward, Step R together, Step L back,

7, 8 Turn ½ right step R forward, Turn ¼ right step L to side. 9:00

[41 – 48] BEHIND, SIDE, CROSS SHUFFLE, ROCK, CROSS SHUFFLE.

1, 2, 3&4 Step R behind, Step L to side, Step R over left, Step L to side, Step R over left,

5, 6, 7&8 Step L to side, Recover weight R, Step L over right, Step R to side, Step L over right. [Wall 2

Restart here-6:00] (*)

[49 - 56] 1/4 PIVOT, CROSS SAMBA, SAILOR, KICK-BALL-CROSS.

1, 2, 3&4 Step R forward, Turn ¼ left weight L, Step R over left, Step L to side, Step R to side, 6:00

5&6 Step L behind, Step R to side, Step L to side, [Wall 3 Restart here-12:00] (#)

7&8 Kick R forward, Step R together, Step L over right.

[57 – 64] ROCK, CROSS SHUFFLE, SIDE-ROCK-1/4, FWD, FWD.

1, 2, 3&4 Step R to side, Recover weight L, Step R over left, Step L to side, Step R over left, Step L to side, Recover weight R, Turn ¼ right step L forward, Step R forward, Step L forward, 9:00

[64] REPEAT & ENJOY!

TAG: At the end of Wall 1 add the following 4 count tag. Syncopated rock, fwd, fwd.

1&2&, 3, 4 Step R forward, Recover weight L, Step R back, Recover weight L, Step R forward, Step L forward.

RESTARTS:

On Wall 2 dance up to count 48 (*) then restart from beginning now facing 6:00 On Wall 3 dance up to count 54 (#) then restart from beginning now facing 12:00 On Wall 5 dance up to count 24 (^) then restart from beginning now facing 3:00

FINISH: To finish facing 12:00 on Wall 7 dance up to count 26 then do a 1/4 side shuffle to finish.

Contact: celia.stevens@gmail.com