American Ride



拍數: 32 牆數: 4 級數: Ultra Beginner

編舞者: Margo LaMotta - July 2011

音樂: Good Directions - Billy Currington: (Album: Doin' Something Right)



Alt. Music:-

Brick House by The Commodores [The Ultimate Collection]
Ladies Night by Kool & The Gang [Celebration-Best Of]
Everyday America by Sugarland [CD: Enjoy the Ride]
Cowboy Casanova by Carrie Underwood [CD: CD Single]
Who Let The Dogs Out by The Baha Men [132 bpm / Who Let The Dogs Out]

Start dancing on lyrics

STEP RIGHT, STEP TOGETHER, STEP RIGHT, HITCH LEFT, REPEAT ON LEFT

1-2 Step right forward, bring left together and step

3-4 Step right forward, hitch left knee

5-6 Step left forward, bring right together and step

7-8 Step left forward, hitch right knee

WALK BACK 3, HEEL/CLAP, REPEAT OTHER SIDE

1-3	Walk right back, walk left back, walk right back
4	Place left heel in front and clap at same time
5-7	Walk back left, walk back right, walk back left
8	Place right heel in front and clap at same time

SLIDE TO THE RIGHT, HEEL CLICK, SLIDE TO THE LEFT, HEEL CLICK

1-2	Step right to side, slide/step left together
3-4	Fan heels out, bring heels together
5-6	Step left to side, slide/step right together
7-8	Fan heels out, bring heels together

ROCK FORWARD, ROCK BACK, 1/4 PIVOT TURN, STOMP, CLAP

1-2	Rock right forward, recover to left
3-4	Rock right back, recover to left
5-6	Step right forward, $\frac{1}{4}$ turn to the left

7-8 Step right together, clap

REPEAT