Bitter Sweet Waltz

拍數: 48

級數: Beginner Waltz

編舞者: Jackie O'Keefe Lincoln (USA) - July 2011

音樂: Strawberry Wine - Deana Carter

Begin on the 24th count (This waltz has a faster Viennese Waltz feeling)

Alt. Music: Husbands and Wives by Brooks and Dunn Begin on the 24th count (This is a slower country music alternative)

WALTZ FORWARD ¼ TURN, WALTZ BACK, REPEAT

- 1-3 Step L foot forward as you turn ¼ to the left, step R foot next to left, step L foot next to right (9:00)
- 4-6 Step R foot back, step L foot next to right, step R foot next to left
- 7-9 Step L foot forward as you turn ¼ to the left, step R foot next to left, step L foot next to right (6:00)
- 10-12 Step R foot back, step L foot next to right, step R foot next to left

WALTZ FORWARD ¼ TURN, WALTZ BACK, WALTZ FORWARD ½ TURN, WALTZ BACK

- Step L foot forward as you turn ¼ to the left, step R foot next to left, step L foot next to right 13-15 (3:00)
- 16-18 Step R foot back, step L foot next to right, step R foot next to left
- Step L foot forward as you turn 1/2 to the left, step R foot next to left, step L foot next to right 19-21 (9:00)
- Step R foot back, step L foot next to right, step R foot next to left 22-24

WALTZ DIAGONAL FORWARD, WALTZ DIAGONAL BACK, REPEAT

- 25-27 Step L foot diagonal forward toward the right corner, step R foot next to left, step L foot next to right (10:30)
- Step R foot diagonal backward toward the wall, step L foot next to right, step R foot next to 28-30 left (9:00)
- 31-33 Step L foot diagonal forward toward the left corner, step R foot next to left, step L foot next to right (7:30)
- 34-36 Step R foot diagonal backward toward the wall, step L foot next to right, step R foot next to left (9:00)

STEP FORWARD, TOUCH, LOW KICK, WALTZ BACK, REPEAT

- 37-39 Step L foot forward, touch R toe next to left, kick R foot forward
- 40-42 Step R foot back, step L foot next to right, step R foot next to left
- 43-45 Step L foot forward, touch R toe next to left, kick R foot forward
- 46-48 Step R foot back, step L foot next to right, step R foot next to left

REPEAT





牆數:4