

編舞者: Irene Leung - July 2011

音樂: Dream - K.Will: (CD: Words Will Heal the Wound, Vol. 1)



# Start dancing on lyrics

# CROSS ROCK BACK, HOLD, RECOVER, HOLD, STEP 1/4 TURN FLICK, STEP 1/4 TURN, TOUCH, HOLD

1-2 (S) Cross/rock right behind left (look to right), hold (bend body back and look to the left)

3-4 (S) Recover to left, hold

# Straighten body and face forward

5&6 (Q&Q) Step right forward, turn ¼ right and flick left back, step left forward

7-8 (S) Turn ¼ left and touch right together, hold

## SIDE, HOLD, CROSS AND BEND KNEE, HOLD, SWIPE

Turn to Promenade Position Right (PPR). That is, turn lower body to face diagonally right, while keeping upper body facing forward)

1-4 (SS) Step right to side, hold, cross left over right (bend knee), hold

5-8 (SS&) Sweep right from back to front over 3 counts, touch right together (straighten left knee)

### SIDE, TOUCH, SIDE, TOUCH, SIDE, CROSS 1/4 TURN, SIDE, TOUCH

1-4 (S&S&) Step right to side, touch left together (look to the left), step left to side, touch right

together (look to the right)

5-8 (QQS&) Step right to side, turn ¼ left and cross left over right, step right to side, touch left

together (9:00)

## DIAGONALLY WALK, WALK, HITCH 1/4 TURN, BACK, BACK, BACK, HITCH 1/4 TURN

1-4 (QQQQ) Turn 1/8 left and step left forward (7:30), step right forward, step left forward, turn

1/8 left and hitch right knee (slightly bend body forward) (6:00)

5-8 (QQS&) Turn 1/8 left and step right back (4:30), step left back, step right back, turn 1/8 left

and hitch left knee (3:00)

#### STEP, STEP ½ TURN, TOGETHER, HOLD, LUNGE, HOLD, RECOVER, HOLD

1-4 (QQS) Step left forward, turn ½ left and step right forward, step left together, hold (9:00)

5-8 (SS) Rock right diagonally forward (bend right knee and turning slightly left), hold, recover to

left (straighten to 9:00), hold

# BACK, SIDE, TOUCH IN, SIDE, CROSS, 1/4 TURN, DIAGONALLY SHUFFLE 1/4 TURN

Turn to Promenade Position Right (PPR). The rest of the dance is all counted as Q steps.

1-4 Step right back, step left to side, touch right together, step right to side

5-6 Cross left over right, turn ¼ right and step right to side (12:00)

7&8 Chassé back turning ¼ right stepping left, right, left

The back chassé moves diagonally

# ROCK BACK, RECOVER, TOUCH OUT, STEP, CROSS, TOUCH OUT, STEP, CROSS Still in Promenade Position Right (PPR).

1-2 Rock right back, recover to left

3-5 Touch right to side, step right to side, cross left over right 6-8 Touch right to side, step right to side, cross left over right

### BACK, TOUCH, TOUCH FORWARD, HOOK, STEP, STEP, ½, STEP, ½

1-2& Step right back, hook left over right, touch left forward 3&4 Touch left forward, hook left over right, step left forward

5-6 Step right forward, turn ½ right and flick left back

# **REPEAT**

# TAG: At the end of 2nd wall, facing back wall (16 counts) BACK, HOLD, SWAY BACK, SWAY FORWARD, BACK, HOLD, SWAY BACK, SWAY FORWARD

1-2 Step right back, hold

3-6 Step left back, sway forward, sway back, hold

7-8 Step right back, sway forward

# **RUMBA BOX**

Step right back, hold, step left to side, step right togetherStep left forward, hold, step right to side, step left together