Fly Easy Like A Bird!



拍數: 32 牆數: 4 級數: Beginner

編舞者: Shanthie De Mel (AUS) - May 2012 音樂: Fly Like a Bird - Boz Scaggs : (3:38)



32 count intro. Start on vocals. - Rotation CW.

Split floor dance to Intermediate line dance 'FLY LIKE A BIRD' to the same music.

HIP BUMPS FWD L-R-L. FLICK. (REPEAT TO OTHER SIDE)

1, 2, 3, 4 Step L diag fwd to left side & bump hips L-R-L. Flick R out.

5, 6, 7, 8 Step R diag fwd to right side & bump hips R-L-R. Flick L out. (12:00)

ROCK. REP. CROSS. HOLD. (REPEAT TO OTHER SIDE)

1, 2, 3, 4 Rock L to left side. Rep R. Cross L over R. Hold.

5, 6, 7, 8 Rock R to right side. Rep L. Cross R over L. Hold. (12:00)

SIDE. HOLD. TAP BEHIND WITH WING MOVES. (REPEAT TO OTHER SIDE)

1, 2, 3, 4 Step L to left side. Hold. Tap R behind L & flap both outstretched arms twice for 2 counts.

5, 6, 7, 8 Step R to right side. Hold. Tap L behind R & flap both outstretched arms twice for 2

counts.(12:00)

Note: On 'tap & flap' bend both knees, like a curtsey & smile!

SIDE, HOLD, TAP BEHIND WITH WING MOVES, 1/4 RIGHT TURN SIDE, DRAG, TOUCH,

1, 2, 3, 4 Step L to left side. Hold. Tap R behind L & flap both outstretched arms twice for 2 counts.
5, 6, 7, 8 Turning 1/4 right make big step R to right side. Drag L to R for 2 counts. Touch to R. (3:00)

OPTIONAL – For the last 2 counts, as L is slowly dragged to R, swing both arms from left to right saying "Woooooh"!