Strong Enough

拍數: 32

級數: Intermediate

編舞者: Diba Munaf (INA) - August 2011

音樂: Karena Ku Sanggup - Agnes Monica

Start dance on vocal

SECTION 1

1 2 & 3 & 4 5 6 7 & 8	Step LF to L Cross RF behind LF Sweeping LF front to back Put weight on LF Step RF to R Lunge with LF fwd diagonal (1.30) RF big step back LF big step back Cross RF behind LF Step LF to L (12.00) Cross RF over LF
&	Recover to LF
SECTION 2	
1	4 Figure with RF turning ¼ R (3.00)
2	Cross RF behind LF
&	Step LF to L
3	Cross RF over LF
&	Sweeping LF back to front
4	Cross LF over RF
&	Close RF to LF
5	Cross LF over RF
6	Recover to RF
&	Step LF to L
7	Cross RF over LF
8	Recover to LF
&	Close RF to LF
SECTION 3	
1	Turn ¼ R stepping LF to L (6.00)
2	RF rock back
&	Recover to LF
3	Turn ¼ R stepping RF fwd (9.00)
4	½ turn R LF back (3.00)
&	½ turn R RF fwd (9.00)
5	Step LF fwd
6	Kick RF fwd
&	Turn ½ L while hitching RF (3.00)
7	Step RF fwd
&	Lock LF behind RF
8	Step RF fwd
&	Step LF fwd





牆數:2

1	Turn ½ R weight on RF (9.00)
2	Turn ? to R Step LF fwd (10.30)
&	Step RF fwd
3	Step LF fwd
4	Step RF back
&	Step LF back
5	Turn ? to R Stepping RF to R (12.00)
6	Turn ? to R Step LF fwd (1.30)
&	Step RF fwd
7	Step LF fwd
&	Step RF back
8	Step LF back
&	Close RF to LF turning ? to R (6.00)

RESTART 1: At wall 3 do only 16 count and Restart from beginning (6.00)

RESTART 2 (modified restart)

At wall 5 on 1st section, do a slow sweep with your LF on count 5, 6, then 2 step back on 7, 8 (R, L) Restart from beginning (12.00)

RESTART 3 + Tag At wall 7 do only 16 count, and add a full unwind to L (4 count) Restart from beginning (12.00)

RESTART 4: At Wall 9 do 24 count and Restart while turning 1/4 R (12.00)

ENDING: At wall 11 do only 16 count. You will end facing 12.00

Enjoy the dance & the music..