Boys & Girls

拍數: 32

1

6

1

6

1

2

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級數: Intermediate

編舞者: Gary Lafferty (UK) - August 2011

音樂: If I Were a Boy - Reba McEntire

This track is available on the album "All The Women I Am", or download (www.legalsounds.com) Floor-splits: County Line Cha Cha or Islands In The Stream 4-count intro (** very quick intro at start of song, on the word "Boy" **) STEP LEFT, ROCK BACK, RECOVER ; KICK-BALL-CROSS , STEP SIDE ; LEFT SAILOR 1/4 TURN Step to Left on Left foot 2-3 Rock back on Right foot, recover weight onto Left foot 4&5 Kick Right foot diagonally-forward Right, step down onto Right foot, cross-step Left foot over Right Step to Right on Right foot 7&8 Left sailor step making 1/4 turn to Left STEP FORWARD, LEFT MAMBO FORWARD, RIGHT COASTER CROSS, POINT, WEAVE with 1/4 TURN Step forward on Right foot 2&3 Rock forward on Left foot, recover weight back onto Right foot, step back onto Left foot 4&5 Step back on Right foot, step on Left foot beside Right, cross-step Right foot over Left Point Left foot out to Left side 7&8 Cross-step Left foot behind Right, turn 1/4 Right stepping forward onto Right foot, step forward on Left foot CROSS RIGHT, 1/4 TURN, 1/4 SHUFFLE (JAZZBOX with 1/2 TURN & SHUFFLE), ROCK STEP & ROCK STEP Cross-step Right foot over Left (starting to make 1/4 turn Right) Complete 1/4 turn stepping back onto Left foot Turn 1/4 Right stepping forward onto Right foot, step on Left foot beside Right, step forward 3&4 on Right foot 5-6 Rock forward on Left foot, recover weight back onto Right foot Step on Left foot beside Right 7-8 Rock forward on Right foot, recover weight onto Left foot RIGHT SHUFFLE BACK, ROCK BACK, RECOVER; STEP – 3/4 TURN –STEP; BEHIND – SIDE - CROSS 1&2 Step back on Right foot, step on Left foot beside Right, step back on Right foot 3-4 Rock back on Left foot, recover weight onto Right foot 5&6 Step forward on Left foot, pivot 3/4 turn to Right, step to Left side on Left foot 7&8 Cross-step Right foot behind Left, step to Left on Left foot, cross-step Right foot over Left **START AGAIN!** (No Tags, No Restarts)





牆數:4