

拍數: 64 牆數: 2 級數: Easy Intermediate 編舞者: Robbie McGowan Hickie (UK) - August 2011 音樂: If I Was A Woman (feat. Blake Shelton) - Trace Adkins: (CD: Proud To Be Here, Deluxe Edition) CD available from www.cdwow.co.uk ... Also available as Download from www.legalsounds.com 16 count intro from Main Beat) Chasse Right. Rock Back. 2 x 1/4 Turns Right. Left Cross Shuffle. 1&2 Step Right to Right side. Close Left beside Right. Step Right to Right side. 3 - 4Rock back on Left. Rock forward on Right. 5 - 6Make 1/4 turn Right stepping back on Left. Make 1/4 turn Right stepping Right to Right side. 7&8 Cross step Left over Right. Step Right to Right side. Cross step Left over Right. (Facing 6 o'clock) Chasse Right. Rock Back. 2 x 1/4 Turns Right. Left Cross Shuffle. 1&2 Step Right to Right side. Close Left beside Right. Step Right to Right side. 3 - 4Rock back on Left. Rock forward on Right. 5 - 6Make 1/4 turn Right stepping back on Left. Make 1/4 turn Right stepping Right to Right side. Cross step Left over Right. Step Right to Right side. Cross step Left over Right. (Facing 12 7&8 o'clock) 1/4 Turn Left. Step Back. Right Coaster Step. 2 x Walks Forward Left/Right. Left Shuffle Forward. 1 - 2Make 1/4 turn Left stepping back on Right. Step back on Left. 3&4 Step back on Right. Step Left beside Right. Step forward on Right. 5 - 6Walk forward on Left. Walk forward on Right. 7&8 Left shuffle forward stepping Left. Right. Left. (Facing 9 o'clock) Forward Rock, & Heel Jack, Hold, & Step, Paddle 1/4 Turn Left, Step, Paddle 1/4 Turn Left, 1 - 2Rock forward on Right. Rock back on Left. &3 - 4Step back on Right. Dig left heel forward. Hold. &5 - 6Step Left back to place. Step forward on Right. Paddle 1/4 turn Left. 7 - 8Step forward on Right. Paddle 1/4 turn Left. (Facing 3 o'clock) Cross. Point. Cross. Scuff. Right Jazz Box Cross. 1 - 2Cross step Right forward over Left. Point Left toe out to Left side. 3 - 4Cross step Left forward over Right. Scuff Right Diagonally forward Right. 5 – 8 Sweep/Cross Right over Left. Step back on Left. Step Right to Right side. Cross step Left over Right. Side Rock. Back Rock. Right Kick-Ball-Cross. Side Stomp Right. Hold. 1 - 2Rock Right out to Right side - pushing hips Right. Recover weight on Left. (Facing 3 o'clock) 3 - 4Rock back on Right – pushing hips Back. Rock forward on Left. 5&6 Kick Right Diagonally forward Right. Step ball of Right beside Left. Cross step Left over Right.

## Left Sailor 1/4 Turn Left. 2 x Walks Forward Right/Left. Right Scuff-Ball-Step Forward. Forward Rock.

1&2 Sweep/Cross Left behind Right making 1/4 turn Left. Step Right beside Left. Step forward on Left.

3 – 4 Walk forward on Right. Walk forward on Left.

Stomp Right out to Right side. Hold.

7 - 8

5&6 Scuff Right forward. Step ball of Right beside Left. Step forward on Left.

7 – 8 Rock forward on Right. Rock back on Left. (Facing 12 o'clock)

## Right Shuffle 1/2 Turn Right. Step. Pivot 1/2 Turn Right. Left Shuffle Forward. Step. Pivot 1/2 Turn Left.

1&2 Right shuffle making 1/2 turn Right stepping Right. Left. Right. (Facing 6 o'clock)

3 – 4 Step forward on Left. Pivot 1/2 turn Right.

Left shuffle forward stepping Left. Right. Left. (Facing 12 o'clock)
Step forward on Right. Pivot 1/2 turn Left. (Facing 6 o'clock)

## Start Again