Just A Little Music

拍數: 32

級數: Beginner

編舞者: Forty Arroyo (USA) - August 2011

音樂: Music - Leela James : (Album: A Change is Gonna Come)

Hayloft Floor Split for Nothin' But The Music by Debbie McLaughlin

[1-8] WALK, WALK, TOUCH, STEP, COASTER STEP, CROSS, STEP

- Step forward R, Step forward L, Touch R behind L, Step slightly back on R 1-4
- 5&6 Step back on L, Step R next to L, Step forward on L
- 7,8 Cross R over L, Step back on L

[9-16] CHASSE' R, ROCK, STEP, CHASSE' L, ROCK, STEP

- Step R to side, Step L next to R, Step R to side 1&2
- 3,4 Rock back on L, Step R in place (recover)
- 5&6 Step L to side, Step R next to L, Step L to side
- 7,8 Rock back on R, Step L in place (recover)

[17-24] SIDE TOUCHES - 1/4 Monterey turn

- 17,18 Touch R out to side, Step R next to L
- 19,20 Touch L out to side, Step L next to R
- 21,22 Touch R out to side, Pivoting on L – turn ¼ to right and step R next to L
- 23,24 Touch L out to side, Step L next to R
- (option for steps 17,18 full turn Monterey)

[25-32] SHUFFLE FORWARD, ROCK, STEP, WALK BACK, TOUCH

- Step R forward, Step L next to R, Step R forward 25&26
- 27,28 Rock forward on L, Step R in place
- 29-32 Walk back L, R, L, Tap R toes slightly forward (bend R knee - lean back slightly as you touch)

ENJOY!!





牆數: 4