

Get Moving

拍數: 32 牆數: 1 級數: Beginner
編舞者: Christina Lung-Lung King (HK) - September 2011
音樂: Dangerous (feat. Akon) - Kardinal Offishall



Alt. music: I'm So Hot by the Wonder Girls

Start dancing after 32 Counts

SECTION 1: Four Toe Touches to Side & Closes, RLRL

- 1-2 R toe touch out to R side, close together [1, 2]
- 3-4 L toe touch out to L side, close together [3, 4]
- 5-6 R toe touch out to R side, close together [5, 6]
- 7-8 L toe touch out to L side, close together [7, 8]

SECTION 2: (DIAGONALS) Step Forward, Touch, Step Back, Touch, Step Back Touch, Step Forward Touch

- 9-10 Step forward to R diagonal with RF, touch LF next to R [1, 2]
- 11-12 Step back to L diagonal with LF, touch RF next to L [3, 4]
- 13-14 Step back to R diagonal with RF, touch L next to R [5, 6]
- 15-16 Step forward to L diagonal, touch R next to L [7, 8]

SECTION 3: Right Shuffle, Pivot ½ Left, Left Shuffle, Pivot ½ Right

- 17-18-19-20 R shuffle forward, LF step forward, pivot ½ turn to R [1&2, 3, 4]
- 21-22-23-24 L shuffle forward, RF step forward, pivot ½ turn to L [5&6, 7, 8]

SECTION 4: Right Vine, Touch, Left Vine, Touch

- 25-26-27-28 Step R to R, cross step L behind R, step R to R, touch L next to R [1, 2, 3, 4]
- 29-30-31-32 Step L to L, cross step R behind L, step L to L, touch R next to L [5, 6, 7, 8]

Start Over
