

Shirley's Shake

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Marie Sørensen (TUR) - September 2011
音樂: Country Girl (Shake It for Me) - Luke Bryan



Intro: 32 Counts - No Tags, No Restart !

Side, Behind, Heel Jacks, Side, Behind, Heel Jacks

1-2 Step Right to Right side, cross Left behind Right
&3&4 Step Right to Right side, tap Left heel fwd. step Left beside Right, cross Right in front of Left
5-6 Step Left to Left side, cross Right behind Left
&7&8 Step Left to Left side, tap Right heel fwd. step Right beside Left, cross Left in front of Right(12:00)

Kick, Kick, Sailor Step, Kick, Kick, Sailor Step

1-2 Kick Right fwd. kick Right to Right side
3&4 Cross Right behind Left, step Left to Left side, step Right to Right side
5-6 Kick Left fwd. kick Left to Left side
7&8 Cross Left behind Right, step Right to Right side, step Left to Left side (12:00)

Step, Tap, Step, Tap, Step, Tap, Shuffle Back Left, Back Rock, Recover

1-2 Step fwd. Right, tap Left behind Right
&3&4 Step back on Left, tap Right heel fwd. step fwd. Right, tap Left toe back
5&6 Step back on Left, cross Right in front of Left, step back on Left
7-8 Rock back on Right, recover (12:00)

Shuffle Fwd. Right, ¼ Step Turn Right, toe Switches, Clap, Clap, Clap

1&2 Step fwd. Right, step Left beside Right, step fwd. Right
3-4 Step fwd. Left, make ¼ turn Right (Weight on Right) (03:00)
5&6 Point Left to Left side, step Left beside Right, point Right to Right side
7&8 Clap, clap, clap (03:00)

NOTE: This dance is specially choreographed for Shirley De Jong from Cape Town/South Africa and her students – Thanks for the music suggestion !

Have Fun!