Do What You Want To

拍數: 64

級數: Intermediate

編舞者: Debbie York (UK) - September 2011

音樂: Think About It - Melanie C

[1 – 8] Right shuffle, rock forward and back, walks back

- 1 & 2 Step right forward. Close left together. Step forward right.
- 3, 4 Rock left forward. Recover onto right.
- 5,6,7,8 Step left back. Step right back. Step left back. Touch right beside left.

[9 – 16] Right turning vine with 1/4 turn and jumps forward & back

- 1,2,3,4 Step right turning ¹/₄. Step left turning ¹/₄. Step right turning ¹/₂. Step left turning ¹/₄.
- 5,6,7,8 Jump forward feet apart. Jump back feet together. Jump back feet apart. Jump forward feet together.

[17-24] Heel, heel, back, back, applejacks

- 1,2,3,4 Step forward up onto right heel. Step forward up onto left heel. Step right back in place. Step left beside right (slightly apart).
- 5,6,7,8 On left heel and right toes twist left. On left toes and right heel twist right. On left heel and right toes twist left. On left toes and right heels twist right.

[25 – 32] Right figure of 8

- 1,2 Step right to right side. Cross left behind right.
- 3,4 Step right ¼ turn right. Step forward left.
- 5,6 Pivot 1/2 turn right shifting weight to right foot. On ball of right make ¼ turn right stepping left to left side.
- 7,8 Cross right behind left. Step left ¼ turn left.

[33 - 40] Right shuffle, 1/2 turn right, left shuffle, full turn forward

- 1 & 2 Step right forward. Close left together. Step right forward.
- 3, 4 Step forward left. Pivot ½ turn right.
- 5 & 6 Step left forward. Close right together. Step left forward.
- 7, 8 Step right forward turn ½. Step left forward turn ½.

[41 – 48] Right rock triple full turn, left rock triple full turn

- 1,2,3 & 4 Rock forward on right, back onto left, turn over right shoulder full turn triple step right, left, right.
- 5,6,7 & 8 Rock forward left, back onto right, turn over left shoulder full turn triple left right, left.

[49 – 56] Right chasse, rock back, side left, side right 1/4 turn, cross shuffle

- 1 & 2 Step right to right side. Close left together. Step right to right side.
- 3, 4 Rock left back. Recover onto right.
- 5,6 Step left to left side. Step right to right side with 1/4 turn.
- 7 & 8 Cross left over right. Step right to right side. Cross left over right.

[57 – 64] Right rock 3/4 turn, left coaster step

- 1,2 Rock right forward. Recover back onto left.
- 3 & 4 3/4 turn over right shoulder triple right, left, right
- 5,6,7 & 8 Rock forward left. Recover onto right. Step back onto left. Right together. Step left forward.

Tag at the end of the 2nd wall sway right, left, right, left over 4 counts





牆數:2