Melon Heart Ezier

拍數: 32

級數: Improver

編舞者: Lisa McCammon (USA) - October 2011

音樂: Corazón De Melao - Emmanuel

(based on Melon Heart by Neils Poulsen)

Intro: 64 counts (about 32 seconds in)

SIDE, CROSS ROCK, REC, CHASSE ¼ R, FWD ROCK, REC

- 1-2-3 Step L to side, rock R across L, recover L
- 4&5 Step R to side, step L next to R, turn R [3] stepping forward R
- 6-7 Rock forward onto L, recover R

COASTER STEP, FWD ROCK, REC, BACK, POINT, BACK, POINT

- 8&1 Step L back, step R next to L, step forward L
- 2-3 Rock forward onto R, recover L
- 4-5 Step back R, touch L toes to L side
- 6-7 Step back L, touch R toes to R side

KICK-BALL-POINT, L SAILOR STEP ¼ L, FWD ROCK, REC, SIDE ROCK, REC

- 8&1 Kick R, step onto R, touch L toes to L side
- 2&3 Sweep L foot to side turning ¼ L, step L behind R, step R to side, step L to side [12]
- 4-5 Rock forward onto R, recover L
- 6-7 Rock side onto R, recover L

TOUCH, FLICK, TRIPLE FWD, FWD ROCK, REC, SIDE ¼ L, CLOSE, SIDE-CLOSE-[SIDE]

- 8-1 Touch R home, flick R back
- 2&3 Step forward R, step L next to R, step forward R
- 4-5 Rock forward onto L, recover R (prepare to turn to left by starting to rotate shoulders left)
- 6-7 Turn ¼ L [3] stepping L to side, step R next to L
- 8&[1] Step left to side, step R next to L (this will be a chasse when followed by count 1)

OPTIONAL ALTERNATE STEPS TO END AT THE FRONT

You will start the last rotation facing [12]. Dance through count 29 (fwd rock, rec), then substitute the steps below.

- 6 Step L to side
- 7 HOLD (do not turn ¼ L)
- 8&1 Right kick-ball-touch L to side

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牆數:4