Whole Lot of Nothing (P)

級數: Partner

編舞者: Anne Lis Gaardsvig (DK) - October 2011

音樂: Ready To Roll - Blake Shelton : (Album: Red River Blue)



Point, point, coasterstep. 1/4 pivot, cross shuffle.

- point right foot forward, point right foot to the right 1-2
- 3&4 step back on right, step left beside right, step right foot forward.
- 5-6 step left foot forward, turn 1/4 to the right, recover on right foot.
- 7&8 cross left foot over right, step right behind left, cross left over right

Side rock, ¼ turn left, shuffle ½ turn, shuffle ½ turn, rockstep.

- step right foot to the right, recover on left foot with 1/4 turn left 1-2
- 3&4 (release right hand, raise left hands) 1/4 turn left on right foot, step left to the right foot, turn 1/4 left step back on right foot
- 5&6 Turn ¼ turn left on left foot, step right beside left, turn ¼ left step forward on left foot
- 7-8 step forward on right foot, recover on left foot.

(Restart here on 4th repetition)

拍數: 32

Side rock, coasterstep, heel hook, shuffle.

1-2	Step right foot to the right, recover on left foot.
3&4	step back on right foot, step left beside right foot, step forward on right foot
5-6	touch left heel forward and hook left heel to right knee.
7&8	step forward on left, step right beside left, step forward on left foot.

Rolling vine right, rolling vine left.

- Vine right with full turn and touch (release left hands, raise right hands) 1-4
- 5-8 vine left with full turn and touch (release right hands, raise left hands)

Enjoy

Restart: on 4th repetition after 16 counts.





牆數: 0