

Run Angel Run

COPPER KNOB
STEPMATS

拍數: 64 牆數: 2 級數: Improver
編舞者: Sue Galea (MLT) - October 2011
音樂: Run Angel Run - Marty Rivers



Intro: 16 counts

[1 - 8] Right Lock Step, Scuff, Left Lock Step, Hold

1 - 4 Step Forward on Right, Step Left Behind Right. Step Forward on Right, Scuff Left
5 - 8 Step Forward on Left, Step Right Behind Left, Step Forward on Left, Hold

[9 - 16] (Travelling Back) Sweep, Back, Sweep, Back, Sweep, Back, Sweep, Together

9 - 12 Sweep Right from front to back, step back on right. Sweep Left, step back on left.
13 - 16 Sweep Right from front to back, step back on right. Sweep Left, step left next to right

[17 - 24] Swivels to Right and Left with Claps

17 - 20 Swivel Heels To Right, Swivel Toes to Right, Swivel Heels to Right, Clap
21 - 24 Swivel Heels To Left, Swivel Toes to Left, Swivel Heels to Left, Clap

[25 - 32] Monterey ½ turn Right x 2

25 - 26 Point right toe to right side, Turn a ½ turn right stepping right beside left
27 - 28 Point left toe to left side, Step left beside right
29 - 32 Repeat above 4 counts (12.00)

[33 - 40] Grapevine to the Right, Grapevine to the Left with ¼ turn Left, Scuff

33 - 36 Step Right to Right, Step Left Behind Right, Step Right to Right, Scuff Left
37 - 40 Step Left to Left, Step Right Behind Left, Step Left ¼ Turn Left Scuff Right (9.00)

[41 - 48] Cross, Back, Heel, Back, Cross, Side Behind Side.

41 - 44 Cross Right Over Left, Small step back on Left, Tap Right Heel Fwd, Step Right Back
45 - 48 Cross Left Over Right, Step Right to Right, Step Left Behind Right, Step Right to Right

[49 - 56] Cross Rock/Rec. Turning ¼ Left , Hold. Right Toe Strut, Left Toe Strut

49 - 52 Cross Rock Left Over Right, Recover on Right, Turn ¼ Left Stepping Fwd on Left, Hold (6.00)
53 - 56 Step Fwd on Right Toe, Drop Heel. Step Fwd on Left Toe, Drop Heel

[57 - 64] Jazz Box with Toe Struts

57 - 60 Cross Right Toe over Left Foot – Drop Heel, Step Left Toe Back – Drop Heel
61 - 64 Step Right Toe to Right Side – Drop Heel, Step Left Toe Beside Right – Drop Heel

To keep to the phrasing of the music EASY tags had to be added to the end of the sequence.

TAG 1 : At the end of Walls 1, 3 and 5 (facing back wall) add the following:

[1 - 4] Rocking Chair

1 - 4 Rock Forward on Right/ Rec. on Left, Rock Back on Right/ Recover on Left

TAG 2: At the end of Walls 2, 4 and 6 (facing Front wall) add the following:

[1 - 8] Step pivot ½ turn , Step pivot ½ turn

1 - 4 Step forward on right, hold, pivot ½ turn left , stepping weight on left, hold
5 - 8 Step forward on right, hold, pivot ½ turn left , stepping weight on left, hold

SMILE & HAVE FUN

Contact e-mail: suegalea79@hotmail.com

Music: www.martyrivers.com - <http://www.cdbaby.com/cd/martyrivers2>
