

My Song

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Andrew Palmer (UK) & Sheila Palmer (UK) - October 2011
音樂: Hear My Song - Bouke : (CD: Bouke Sings Elvis)



Start on Vocals / Approx 17 seconds

SEC1: Side. Back Rock. Recover. Step Fwd. Step-Pivot-Step. Step 1/2. Step 1/4. Cross-Rock. Recover. Side. Cross

1 Step Left to side
2&3 Rock back Right, Recover, Step forward Right
4& Step forward Left, Pivot 1/2 turn Right (6:00)
***** Restart here during wall 3 (facing 6:00)**
5 Step forward Left
6&7 1/2 turn Left (12:00) Step back Right, 1/4 turn Left (9:00) Step side Left, Cross-Rock Right over Left
8&1 Recover, Step side Right, Cross Left over Right

SEC2: Rock Side. Recover 1/4. Step Fwd. Run. Run. Run. Back. Back. Drag. Lock-Step. Sweep

2&3 Rock side Right, Recover 1/4 Left (6:00), Step forward Right
4&5 Run Forward L-R-L
6&7 Step back Right, Step back Left, Step back Right dragging Left in place
8&1& Lock-Step Left, Sweep Right

SEC3: Cross-Back-Sway. Sway. Sway. Drag. Rock Back. Recover. Step 1/4. Step-Pivot 1/4. Cross

2&3 Cross Right over Left, Step back Left, Step side Right and Sway Right
4&5 Sway Left, Sway Right, Step side Left dragging Right in place
6&7 Rock back Right, Recover, 1/4 turn Right (9:00) Step forward Right
8&1 Step forward Left, Pivot 1/4 turn Right (12:00), Cross Left over Right

SEC4: Step 1/4. Step 1/4. Cross. Scissor-Step-Cross. Side-Together-Back. Chasse

2&3 1/4 turn Left (9:00) Step back Right, 1/4 turn Left (6:00) Step side Left, Cross Right over Left
4&5 Step side Left, Step Right in place, Cross Left over Right
6&7 Step side Right, Step Left in Place, Step back Right
8& Step side Left, Step Right in place, Step side Left