

Pay Back

拍數: 64 牆數: 4 級數: Beginner
編舞者: Jennifer Chou (TW) - October 2011
音樂: Chang Huan (償還) - Teresa Teng (鄧麗君)



Intro:4 counts

Start the dance with the 32-count TAG.

[1-8] ½ RHUMBA BOX, HOLD, BACK, BACK, BACK, SWEEP

- 1-2 Step RF to right side, Step LF next to RF
- 3-4 Step RF forward, Hold
- 5-8 Step LF back, Step RF back, Step LF back, Sweep RF from front toward back

[9-16] CROSS, SIDE, CROSS, HOLD, SIDE ROCK, RECOVER, STEP ½ TURN RIGHT, HOLD

- 1-4 Cross step RF behind LF, Step LF to left side, Cross step RF over LF, Hold
- 5-6 Rock LF to left side, Recover on RF
- 7-8 ½ turn right stepping LF to left side, Hold (6:00)

[17-24] Repeat 1-8 counts

[25-32] CROSS, SIDE, CROSS, HOLD, SIDE ROCK, RECOVER, STEP ¼ TURN RIGHT, HOLD

- 1-4 Cross step RF behind LF, Step LF to left side, Cross step RF over LF, Hold
- 5-6 Rock LF to left side, Recover on RF
- 7-8 ¼ turn right stepping LF forward, Hold (9:00)

[33- 40] SIDE, TOGETHER, SIDE, TOUCH, TRIPLE STEPS 1¼ TURN LEFT, HOLD

- 1-2 Step RF to right side, Step LF next to RF
- 3-4 Step RF to right side, Touch LF next to RF
- 5-6 ¼ turn left stepping LF forward, ½ turn left stepping RF back (12:00)
- 7-8 ½ turn left stepping LF forward, Hold (6:00)

[41- 48] JAZZ BOX, HOLD, CROSS, RECOVER, SIDE, TOUCH

- 1-4 Cross step RF over LF, Step LF back, Step RF to right side, Hold
- 5-8 Cross step LF over RF, Recover on RF, Step LF to left side, Touch RF next to LF

[49- 56] Repeat 33-40 counts(3:00)

[57-64] Repeat 41-48 counts

START AGAIN

TAG : 1. Start the dance with the 32-count TAG.

TAG : 2. At the end of 2nd wall facing 6:00, do the 32-count TAG.

TAG : 3. End the dance with the first 16 counts of TAG.

[1-8] FORWARD RHUMBA BOX STEPS

- 1-2 Step RF to right side, Step LF next to RF
- 3-4 Step RF forward, Hold
- 5-6 Step LF to left side, Step RF next to LF
- 7-8 Step LF back, Hold

[9-16] SIDE ROCK, RECOVER, TOGETHER, HOLD, SIDE ROCK, RECOVER, TOGETHER, HOLD

- 1-2 Rock RF to right side, Recover on LF

3-4 Step RF next to LF, Hold
5-6 Rock LF to left side, Recover on RF
7-8 Step LF next to RF, Hold

[17-24] BACKWARD RHUMBA BOX STEPS

1-2 Step RF to right side, Step LF next to RF
3-4 Step RF back, Hold
5-6 Step LF to left side, Step RF next to LF
7-8 Step LF forward, Hold

[25-32] POINT, DRAG, TOGETHER, POINT, DRAG, TOGETHER

1-4 Point RF to right side, Drag RF towards LF, Step RF next to LF, Shift weight to RF in place
5-8 Point LF to left side, Drag LF towards RF, Step LF next to RF, Shift weight to LF in place

ENDING:The dance ends on wall 5.

During wall 5 dance up to count 62 facing 3 o'clock, make a left turn to face the front and complete the last 2 counts,
then finish the dance with the first 16 counts of TAG.

Enjoy the dance !!
