The Lake of Love

拍數: 32

級數: Intermediate

編舞者: Willie Brown (SCO) - October 2011

音樂: Be the Lake - Brad Paisley : (Album: This Is Country Music)

[32 count intro from first beat - approx 33 seconds]

Section 1: BACK ROCK, SCUFF& (x2), SYNCOPATED WEAVE TO LEFT

- Rock back on Right, recover forward on Left, scuff Right heel forward, step slightly to side on 1&2& Right
- 3&4& Rock back on Left, recover forward on Right, scuff Left heel forward, step slightly to side on Left
- 5&6& Cross Right behind Left, step Left to Left side, cross Right over Left, step Left to Left side
- Cross Right over Left, step Left to Left side, cross Right behind Left, step Left to Left side 7&8&

Section 2: CROSS ROCK, ¼ SHUFFLE, ½ PIVOT, ½ SHUFFLE

- 1 .2 Rock Right across front of Left, recover back on Left
- 3&4 Step Right to Right side, close Left beside Right, making ¼ turn Right step forward on Right
- 5,6 Step forward on Left, make 1/2 turn Right taking weight on to Right
- Step forward on Left starting ¹/₂ turn Right, close Right beside Left completing ¹/₂ turn Right, 7&8 step slightly back on Left

Section 3: BACK ROCK, RECOVER, 'KICK & HEEL & HEEL & TOUCH & KICK & HEEL-HOOK'

- Rock back on Right, recover forward on Left 1,2
- 3&4& Kick Right forward, step down on Right, touch Left heel forward, step down on Left
- 5&6& Touch Right heel forward, step down on Right, touch Left toe beside Right foot, step down on Left
- 7&8& Kick Right forward, step down on Right, touch Left heel forward, hook Left across Right shin

Section 4: SHUFFLE FORWARD, ROCK, RECOVER, ½ SHUFFLE, ½ SHUFFLE

- 1&2 Step forward on Left, close Right beside Left, step forward on Left
- 3.4 Rock forward on Right, recover back on Left
- 5&6 Starting ¹/₂ turn Right step Right to Right side, completing ¹/₂ turn Right step Left beside Right, step forward on Right
- 7&8 Step forward on Left starting ¹/₂ turn Right, close Right beside Left completing ¹/₂ turn Right, step slightly back on Left

...START AGAIN....

TAGS & RESTARTS:

Wall 3; Dance first 16 counts (to end of Section 2) then restart from the beginning facing 9 o'clock Wall 6; Add an extra 2 shuffles at the end of the dance facing 6 o'clock

Wall 10; Dance first 8 counts (to end of section 1) then add the following 2 counts;

- 1 Turn ¼ Right stomping on Right
- 2 Stomp on Left

then restart from the beginning facing 6 o'clock

At end of the song change the shuffle on counts 15&16 to a ¼ turn instead of ½ to finish at the front

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牆數:4