Christmas Tree

拍數: 32

級數: Beginner

編舞者: Isa Lau - December 2011

音樂: Christmas Tree - Lady Gaga

Count In: 16 counts intro from the heavy beat

S1: R Touch with hip to R diagonal, L Touch with hip to L diagonal, 1/2 Monterey R

- Touch right toe to right diagonal as you push hips forward, Drop right heel to floor taking 1 - 2 weight
- 3 4 Touch left toe to left diagonal as you push hips forward, Drop left heel to floor taking weight
- 5 6 Point right to right side, On ball of left make 1/2 turn right stepping right next to left (6:00)
- 7 8 Point left to left side, step left next to right
- S2: Repeat Section one 1-8

S3: Step R to R diagonal, Touch heel fwd, Touch toe back, Touch heel fwd, Repeat L to L diagonal

- 1 2 Step diagonally forward on right, Touch left heel forward
- 3 4 Touch left toe back, Touch left heel forward
- 5 6 Step diagonally forward on left, Touch right heel forward
- 7 8 Touch right toe back, Touch right heel forward

S4: Side Step, 3/4 Box Turn R, 1/4 Turn Jump both feet apart, In, 2 x Out, In

1 - 2	Step right to right side, Make 1/4 turn right stepping left to left side (3:00)
3 - 4	Make 1/4 turn right stepping right to right side(6:00), Make 1/4 turn right stepping left to left side (9:00)
5 - 6	Make 1/4 turn right jump both feet apart (12:00), Jump both feet back in center
7&8&	Jump both feet apart, Jump both feet back in center, Jump both feet apart, Jump both feet back in center ending with weight on left

Repeat

Tag: 16 Counts - At the end of wall 5:

4 x, 1/4 L (Paddle Turn)

1 - 8 Step forward on right, 1/4 turn left transferring weight to left, Do this 4 times

4 x, 1/4 R (Paddle Turn)

Step forward on left, 1/4 turn right transferring weight to right, Do this 4 times 1 - 8





牆數: 1