Nightclub Stroll (P)

拍數: 32

級數: Improver NC2S Partner

編舞者: Annemarie Dunn (USA) - January 2012

音樂: God Gave Me You - Blake Shelton

Alt. Music: Love Like Crazy by Lee Brice OR *Any Nightclub 2step rhythm

Start at lyrics/Starting position: Couple in OPEN (opt. closed) position. Man on inside of circle facing OLOD, Lady on outside of circle facing ILOD.

ROCKSTEP, SIDE STEPS (w/ lady's R outside turn)

1&2, 3&4 MAN: cross/rock L behind R, recover R, L side step, cross/rock R behind L, recover L, R side step

LADY: cross/rock R behind L, recover L, R side step, cross/rock L behind R, recover R, L side step

5&6 MAN: cross/rock L behind R, recover R, L side step

LADY: cross/rock R behind L, recover L, R side step

Men's L hand raises for lady's outside R turn

7&8 MAN: cross/rock R behind L, recover L, R side step

LADY: cross L over R w/ 1/2 R turn, recover R w/ 1/2 R turn, L side step

OPEN BREAK(w/Lady's inside L turn),ROCKSTEP/SIDE STEPS(Shadow Position),OPENBREAK(w/Lady's R turn)

Men's L hand lead pushes lady's R hand back, then pulls/passes her R hand to man's R hand to Shadow position

1&2, 3&4 MAN: L step back, recover R, L step next to R, cross/rock R behind L, recover L, R side step LADY: R step back, ¼ L turn w/ recover on L, ¼ L turn w/step back R (facing OLOD in Shadow position), cross/rock L behind R, recover R, L side step

5&6 MAN: cross/rock L behind R, recover R, L side step

LADY: cross/rock R behind L, recover L, R side step

Man's L hand lifts/loops over lady's head to pass her L hand to man's R hand to prep for "Back open break" 7&8 MAN: R step back, recover L, R step next to L

LADY: L step back, ¼ R turn w/recover R, ¼ R turn w/L step back (end facing ILOD)

BACK OPEN BREAK, LOCKSTEPS, FULL PIVOT TURN

Men send R hand lead through to L side for ¼ turn "back open break"

1&2 MAN: ¼ L turn step L back, recover R, L step forward(LOD-touching L palm to lady's R palm) LADY: ¼ R turn step R back, recover L, R step forward(LOD-touching R palm to man's L palm) Men open L palm away, R hand lead lady forward into lockstep, then face each other palms together on 2nd side lockstep

3&4, 5&6 MAN: (LOD)forward R-L behind-R lockstep, ¼ R turn into side L-R-L lockstep(OLOD touching palms)

LADY: (LOD)forward L-R behind –L lockstep, ¼ L turn into side R-L-R lockstep(ILOD touching palms) Men push palms apart while sending R hand lead through to L side and release for both to do freestyle turn 7&8 MAN: FULL L pivot turn – cross R over L w/ ½ L turn, recover L w/ ½ L turn, R side step (en

&8 MAN: FULL L pivot turn – cross R over L w/ ½ L turn, recover L w/ ½ L turn, R side step (end facing OLOD)

LADY: FULL R pivot turn – cross L over R w/ ½ R turn, recover R w/ ½ R turn, L side step (end facing ILOD)

OPEN BREAK w/Men's ½ R TURN(w/lady's inside L turn), SIDE CROSS-STEPS (opt Lady's L inside turns)Men's L hand lead pushes lady's R hand back, then pulls her through lady's ½ L inside turn1&2MAN: L step back, ¼ R turn recover on R, ¼ R turn w/step back on L (end facing ILOD)

LADY: R step back, ¼ L turn recover on L, ¼ L turn w/step back on R (end facing OLOD)

Men's L hand lead to R side for cross-steps (opt lady's 3 count L inside turn - men "stirs" L hand)

3&4 MAN: R side step, L cross over R, R side step

LADY: L side step, R cross over L, L side step (opt. L inside turn)

5&6, 7&8 REPEAT STEPS 1-4 (end facing MAN:OLOD, LADY: ILOD)





牆數: 0

REPEAT DANCE FROM BEGINNING

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