

A Beautiful Body

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Upper Beginner
編舞者: BH Teh - January 2012
音樂: If I Said You Had a Beautiful Body - The Bellamy Brothers



Start after 16 counts

(POINT, KICK, BRUSH, TOGETHER) MIRROR

1 – 4 R point forward, R kick diagonally R, R brush across L, R step together L
5 – 8 L point forward, L kick diagonally L, L brush across R, L step together R

FWD RHUMBA BOX, FWD, ½ R TURN, FWD, ¼ R TURN

1 – 4 R step R, L step together R, R step forward, hold
5 – 8 L step forward, recover on R turning ½ R, L step fwd, ¼ R turn(weight on L)

(SIDE ROCK, OVER, KICK) MIRROR

1 – 4 R step R, recover on L, R step over L, L kick diagonally L
5 – 8 L step L, recover on R, L step over R, R kick diagonally R

R TOE STRUT, L TOE STRUT, JAZZ BOX WITH SCUFF

1 – 4 R toe strut over L, L toe strut
5 – 8 Step R over L, recover on L, R step R, scuff L diagonally R

L TOE STRUT, JAZZ BOX TURNING ¼ L, SCUFF

1 – 4 L toe strut over R, R toe strut,
5 – 8 step L over R, recover on R, ¼ L turn step L, R scuff fwd

FWD, ½ L TURN, TOGETHER, HOLD, LOCK-STEP, TOUCH

1 – 4 R step forward, recover on L turning ½ L, R step together L, hold
5 – 8 L step forward, R step behind L, L step forward, touch R by L

FWD, ½ L TURN, FWD, ½ L TURN, FWD, KICK, BACK, TOUCH

1 – 4 (R step forward, recover on L turning ½ L) repeat
5 – 8 R step forward, L kick forward, L step back, R touch by L

OVER, BACK, DIAGONALLY BACK, OVER, BACK, TOGETHER, FWD, ½ L TURN

1 – 4 R over L, L step back, R step diagonally back to the R, L over R
5 – 8 R step back, L step together R, R step forward, recover on L turning ½ L