Dancing In The Sand

拍數: 32

級數: Improver

編舞者: Terry Mchugh (UK) - January 2012

音樂: Buried In The Sand - The Fables

32 Count intro.

Rocking chair with hip movement, lock step, shuffle fwd.

- 1-2 rock fwd on right, recover on left,
- 3-4 rock back on right, recover on left (1-2 and 3-4, danced with hip movements for added styling).
- 5-6 step fwd on right, lock left behind right,
- 7&8 shuffle fwd, stepping right, left, right,

Rock fwd on left, step 1/2 turn left, 1/4 turn left, weave right with point to right.

- 1-2 rock fwd on left, recover on right,
- 3-4 step back on left and pivot 1/2 turn left, step fwd on right and pivot turn 1/4 left
- 5-6 cross left behind right step right to right side,
- 7-8 cross left over right, point right to right side,

Short weave to left, back sweep left behind right, step right to side, step fwd on left, pivot 1/2 right.

- 1-2 cross right over left, step left to left side,
- 3-4 cross right behind left, sweep left out and behind right,
- 5-6 continue sweep beyond right, step right beside left,
- 7-8 step fwd on left, pivot 1/2 turn right,

Step fwd on left, tap right behind left, step back on right, tap left in front of right, lock step and shuffle fwd,

- 1-2 step fwd on left, tap right behind left,
- 3-4 step back on right, tap left in front of right,
- 5-6 step fwd on left, lock right behind left,
- 7&8 shuffle fwd, stepping left, right, left.





牆數:4