

Living Upside Down

COPPERKNOB
STEPSHEETS

拍數: 32
編舞者: EmCee (UK) - January 2012
音樂: Upside Down - Paloma Faith

牆數: 2

級數: Improver / Intermediate



KICK BALL CHANGE, COASTER CROSS, FWD SHUFFLE, STEP HALF left 12-6 o/c

1&2 Kick R to right diagonal, step ball of R next to L, step L in place
3&4 Straighten to front wall rock R out to right side, recover on L, cross R over L
5&6 Sweep L in front of R, step R next to L, step L fwd
7,8 Step R fwd, swivel ½ left onto L

MAMBO ¼ right, TOUCH, ROCK OUT & CROSS, ROCK OUT & X behind, LOCKS BACK 9o/c

1&2& Rock R fwd, recover on L, ¼ right step R next to L, touch L in place,
3&4 Rock L out, recover on R, cross L in front of R,
5&6 Rock R out, recover on L, cross R behind L,
7&8 Sweep L behind R, lock R across L, step L back

BACK, HITCH, IN PLACE, FWD FLICK, IN PLACE, SAILOR ½ right, ROCK L,R 3o/c

1&2 Step R back, hitch L over R, step L down
3&4 Step R fwd, flick L behind R, step L down
5&6 Sailor ½ right
7,8 Rock L fwd & out to left, step R fwd & out to right (stomps)

SHUFF left DIAG, SHUFF right DIAG, HITCH, BALL, HITCH & SWIVEL ¼ right, BALL, B,S CROSS 6o/c

1&2 Step L to left diag, step R next to L, step L fwd
3&4 Step R to right diag, step L next to R, step R fwd
&5&6 Hitch L, touch L in place, swivel 1/8th right (6o/c) hitch L, touch in place
7&8 Step L behind R, R to right side, L cross in front of R
