

It's Country Time

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: GYTAL (USA) - August 2010
音樂: Country Done Come to Town - John Rich



[1-8] R Heel Grind, L Heel Grind, R Heel Grind, Touch L Forward, Side

- 1-2 Step on R Heel Twist foot to R while stepping down
- 3-4 Step on L heel, twist foot to L while stepping down
- 5-6 repeat 1-2
- 7-8 Touch L toe forward, side

[9-16] Cross L Behind R, Kick R, Cross R Over L, Touch L, Cross L Behind R, Kick R, Cross R Over L, Turn 1/2 To L

- 9-10 Cross L behind R, kick R slightly forward
- 11-12 Cross R over L, Touch L slightly behind
- 13-14 Repeat 9-10
- 15-16 Cross R over L turn 1/2 to L

[17-24] Bump Hips To L, Bump Hips To R, Toe Heel Back L, R With Attitude

- 17-18 Bump hips to L
- 19-20 Bump Hips To R
- 21-22 Step L Toe back Step down on L heel, with attitude twisting shoulders & hips as you step back
- 23-24 Step R Toe back, Step down on R Heel, with attitude twisting shoulders & hips as you step back

[25-32] Rock L To L, Recover R. Bring L To R, Touch R Next To L, Rock R To R, Recover L, Touch R To L Instep Hold

- 25-28 Rock L to L, recover on R, step L to R, touch R to L instep
- 29-30 Rock R to R side, recover onto L
- 31-32 Touch R toe to L instep, Hold

Repeat
