Put You In a Song (P)



編舞者: Paula Frohn (USA) - February 2012 音樂: Put You in a Song - Keith Urban



Alt. Music:-

Pound Sign by Kevin Fowler (BPM 120)

Still A Little Chicken Left On That Bone by Craig Morgan

Man's footwork noted, lady's opposite

Starting position, side hand hold, Man's right hand to Lady's left hand

STEP, LOCK, STEP, HOLD, ROCK, REPLACE, ½ TURN RIGHT, HOLD

1-4 Step LF forward, lock RF behind LF, step LF forward, Hold

5-8 Rock forward on RF, replace weight onto LF, ½ urn right onto RF, Hold On count 6, release hands and rejoin man's left hand with lady's right hand on count 7.

ROCK, REPLACE, ½ TURN LEFT, HOLD, MAN: WALK 3 STEPS, HOLD, LADY: 2, ½ TURNS RIGHT STEP,

HOLD

9 .12 Rock forward on LF, replace weight onto RF, '/z turn left onto LF, Hold

On count 10, release hands and rejoin man's right hand with lady's left hand

Man:

13-16 Raise hands on lady's turn, walk forward right, left, right, Hold

Lady:

½ turn right, step LF back
½ turn right, step RF forward

15-16 Step LF forward, Hold

TWO SHUFFLES FORWARD, TURN TO FACE W/VINE, TOUCH

17&18 Step LF forward, step RF next to LF, step LF forward 19&20 Step RF forward, step LF next to RF, step RF forward

21 Turn ¼ right, step LF to side

Now is double hand hold

Step RF behind LFStep LF to side

24 Touch right toe next to LF

THREE STEPS IN PLACE (WRAP LADY), TOUCH, FOUR STEPS (UNWRAP LADY)

Man:

25-27 Step in place right, left, right (putting lady into wrap)

28 Touch left toe next to RF

Lady:

25-27 Turn ½ right, stepping left, right, left

28 Touch right toe next to LF

Man:

29-32 Turn ¼ left, stepping in place left, right, left, right (unwrapping lady)

Lady:

29-32 Turn ¾ right, stepping right, left, right, left

Smile and Begin Again