Rockaway



拍數: 32 牆數: 4 級數: Improver

編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - February 2012

音樂: Rockaway (The Rockin' Chair Song) - Kellie Pickler



** Celebrating 20 Years of Dance **

Start after 16 counts after the beat kicks in [118bpm – 3mins 4 secs]

[1-8] R side, L back rock/recover, ½ R hinge, L cross rock/recover, L side

1-4 Step R side, rock L back, recover weight on R, turning ¼ right step L back

5-8 Turning ¼ right step R side, cross rock L over R, recover weight on R, step L side (6 o'clock)

Wall 7 Restart: Starting facing back wall: Dance 1st 7 counts. On count 8 step L TOGETHER and restart the dance facing front wall.

[9-16] R behind L (dip), 1/4 L & L fwd, R fwd rock/recover, R shuffle back, L back, R touch

1-2 Cross step R behind L (dip), turning ¼ left step L forward (3 o'clock)

3-4 Rock R forward, recover weight on L5&6 Step R back, step L together, step R back

7-8 Step L back, touch R next to L

Wall 4 Restart: Starting facing L side wall: Dance 1st 16 counts and restart the dance facing front wall.

[17-24] R fwd, L brush, L fwd rock/recover, ½ L shuffle, R fwd, ¼ L pivot turn

1-2 Step R forward, scuff L forward

3-4 Rock L forward, recover weight on R

5&6 Turning ½ left step L forward, step R together, step L forward (9 o'clock)

7-8 Step R forward, pivot ½ left (6 o'clock)

[25-32] R fwd, ¼ L pivot turn, R cross shuffle, L side rock/recover, L behind-side-cross

1-2 Step R forward, pivot ¼ left (3 o'clock)

3&4 Cross step R over L, step L side, cross step R over L

Ending: On final wall you will end facing front wall at this point. To finish STEP L to left side & hold.

5-6 Rock L side, recover weight on R

7&8 Cross step L behind R, step R side, cross step L over R