Rockaway



拍數: 48 編數: 4 級數: Easy Intermediate

編舞者: Robbie McGowan Hickie (UK) - March 2012

音樂: Feels Like Rock 'n Roll - Bouke: (CD: For The Good Times)



16 Count intro (Script Written as 89 bpm)

| Right Lock Step Forward. Scuff. Left & Right Toe Struts F | Forward. Step. Pivot Full Turn Right. Right Lock Step |
|---|---|
| Back | |

| 1 & 2 & | Step forward on Right. Lock step Left behind Right. Step forward on Right. Scuff Left forward. |
|---------|---|
| 3 & 4 & | Step forward on Left toe. Drop Left heel to floor. Step forward on Right toe. Drop right heel to floor. |
| 5 & 6 | Step forward on Left. Pivot ½ turn Right. Make ½ turn Right stepping back on Left. |
| 7 & 8 | Step back on Right. Lock step Left across Right. Step back on Right. (Facing 12 'clock) |

Easier option: Counts 5 & 6 above... Left Mambo Forward.

Back Rock. & Left Side Step. Behind & Cross. Side Step Left. Touch. Side Step Right. Touch. Left Scissor Step.

| 1 & 2 | Rock back on Left. Rock forward on Right. Step Left out to Left side. |
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| 3 & 4 | Cross Right behind left. Step Left to Left side. Cross Step Right over Left. |
| 5 & | Step Left to Left side. Touch Right toe beside Left. |
| 6 & | Step Right to Right side. Touch Left toe beside Right. |
| 7 & 8 | Step Left to Left side. Close Right beside Left. Cross step left over Right. |

Chasse ¼ Turn Right. Scuff. Left Mambo Forward. Hitch. Right Coaster Step. Forward Rock & Left Side Rock.

| 1 & 2 | Step Right to Right side. Close Left beside Right. Make ¼ turn Right stepping forward on Right. |
|---------|---|
| & | Scuff left forward. (facing 3 o'clock). |
| 3 & 4 & | Rock forward on Left. Rock back on Right. Step back on Left. Hitch Right Knee up. |
| 5 & 6 | Step back on Right. Step Left beside Right. Step forward on Right. |
| 7 & 8 & | Rock forward on Left. Rock back on Right. Rock Left out to Left side. Recover weight on |
| | Right. |

Left Cross Shuffle. Right Side Rock & Cross. 2 x 1/4 Turns Right. Cross. Right Side Rock & Cross.

| 1 & 2 | Cross Step Left over Right. Step Right to Right side. Cross Step Left over Right. |
|-------|--|
| 3 & 4 | Rock Right out to Right side. Recover weight on Left. Cross step Right over Left. |
| 5 & | Make ¼ turn Right stepping back on left. Make ¼ turn Right stepping Right to Right side. |
| 6 | Cross step Left over Right. (facing 9 o'clock) |
| 7 & 8 | Rock Right out to Right side. Recover weight on Left. Cross step Right over Left. |

Left Toe Touch Out-In-Out. Left Jazz Box ¼ Turn Left with Flick. Right Lock Step Forward. Step. Pivot ½ Turn Right. Step.

| 1 & 2 | Touch Left toe out to Left side. Touch Left toe beside Right. Touch Left toe out to Left side. |
|-------|--|
| 3 & | Cross step Left over Right. Make ¼ turn Left stepping back on Right. |
| 4 & | Step Left to Left side and slightly forward. Flick/Kick Right heel back. (facing 6 o'clock) |
| 5 & 6 | Step forward on Right. Lock step Left behind Right. Step forward on Right. |
| 7 & 8 | Step forward on Left. Pivot ½ turn Right. Step forward on Left. (facing 12 o'clock) |
| | |

2 x Right Heel Grinds. & Right Sailor Step. 2 x Left heel Grinds. & Left Sailor 1/4 Turn Left.

| 1 & | Dig Right heel across Left. Fan Right toes to Right side whilst stepping Left to Left side. |
|-------|---|
| 2 & | Dig Right heel across Left. Fan Right toes to Right side whilst stepping Left to Left side. |
| 3 & 4 | Cross Right behind left. Step Left to Left side. Step Right to Right side. |

| 5 & | Dig Left heel across Right. Fan Left toes to Left side whilst stepping Right to Right side. |
|-------|--|
| 6 & | Dig Left heel across Right. Fan Left toes to Left side whilst stepping Right to Right side. |
| 7 & 8 | Cross left behind Right. Make ¼ turn Left stepping Right beside Left. Step forward on Left. (facing 9 o'clock) |

START AGAIN.