Songbird Whistle

拍數: 48

級數: Intermediate

編舞者: Gaye Teather (UK) - March 2012

48 count intro. Start on vocals - Dance rotates in CCW direction

音樂: Songbird - Randy Thompson : (CD: Collected.)

Chasse Quarter turn Right. Step. Pivot three guarter turn Right. Chasse Left. Right coaster step 1&2 Step Right to Right side. Step Left beside Right. Quarter turn Right stepping forward on Right 3 - 4Step forward on Left. Pivot three guarter turn Right (Facing 12 o'clock) 5&6 Step Left to Left side. Step Right beside Left. Step Left to Left side 7&8 Step back on Right. Step Left beside Right. Step forward on Right (body angled slightly to Right diagonal) Cross. Quarter turn Left. Shuffle half turn Left. Step. Pivot quarter turn Left. Cross shuffle 1 – 2 Cross Left over Right. Quarter turn Left stepping back on Right 3&4 Quarter turn Left stepping Left to Left side. Step Right beside Left. Quarter turn Left stepping forward on Left 5 - 6Step forward on Right. Pivot quarter turn Right (Facing 12 o'clock) 7&8 Cross Right over Left. Step Left to Left side. Cross Right over Left Side rock. Left Sailor step. Right Sailor step. Quarter turn Left. Back rock 1 - 2Rock Left to Left side. Recover onto Right 3&4 Cross Left behind Right. Step Right to Right side. Step Left to Left side 5&6 Cross Right behind Left. Step Left to Left side. Step Right to Right side 7 – 8 Quarter turn Left rocking back on Left. Recover onto Right (Facing 9 o'clock) Forward rock. Left Sailor with heel. Together. Diagonal weave left (travelling back). Scuff/straighten 1 - 2Rock forward on Left. Recover onto Right 3&4 Cross Left behind Right. Step Right to Right side. Touch Left heel diagonally forward Left (body angled Left) &5 Step Left beside Right. Cross Right over Left &6 Step Left to Left side. Cross Right behind Left &7 Step Left to Left side. Cross Right over Left 8 Straightening up to face 9 o'clock Scuff Left foot forward Note: counts &5 - &8 are danced facing Left diagonal and travel diagonally backwards Cross shuffle. Sway. Sway. Cross shuffle. Sway. Sway Cross Left over Right. Step Right to Right side. Cross Left over Right 1&2 3 - 4Step Right to Right swaying Right. Sway onto Left Cross Right over Left. Step Left to Left side. Cross Right over Left 5&6 7 – 8 Step Left to Left swaying Left. Sway onto Right (hitching left knee across Right ready for Left turn) Shuffle full circular turn Left. Sway Right. Sway Left with hitch 1&2 Commence full turn Left shuffling in circular motion round to Left stepping Left. Right. Left 3&4 Continue full circular shuffle Left stepping Right. Left. Right 5&6 Conclude full circular shuffle stepping Left. Right. Left (Facing 9 o'clock) 7 – 8 Sway out to Right side. Sway out to Left side hitching Right knee slightly Note: Counts 1 – 6 comprise a series of three shuffles in a circular motion completing a full turn in all.

Start again





牆數:4