

Hey

拍數: 32 牆數: 2 級數: Beginner
編舞者: Maggie Hicks (USA) - March 2012
音樂: Hey (Rumba / 26 Bpm) - The Dancelife Studio Orchestra & Singers : (Album: Dancelife's Best, This Will Be..)



16 count intro – Left Start

1/4 LEFT, HOLD, SIDE, TOGETHER, BACK, HOLD, SIDE, TOGETHER

1-2 Step left ¼ to the left, hold, (9:00)
3-4 Step right to right, step left next to right
5-6 Step right back, hold
7-8 Step left to left, step right next to left

1/4 LEFT, HOLD, ROCK BACK, RECOVER, STEP FORWARD, HOLD, STEP FORWARD, PIVOT 1/4 RIGHT

1-2 Step left ¼ left, hold (6:00)
3-4 Rock right back, recover
5-6 Step right forward, hold
7-8 Step left forward, pivot ¼ right (9:00)

CROSS, HOLD, SWAY RIGHT, SWAY LEFT, SIDE, HOLD, ROCK BACK, RECOVER

1-2 Step left across right, hold
3-4 Sway right, sway left
5-6 Step right to right, hold
7-8 Rock left behind right, recover right

1/4 LEFT, HOLD, SIDE ROCK, RECOVER, CROSS, HOLD, SWAY LEFT, SWAY RIGHT

1-2 Step left ¼ left, hold (6:00)
3-4 Rock step right to right, recover left
5-6 Cross step right across left, hold
7-8 Sway left, sway right

REPEAT

Ending: Start the dance for the 4th time at 6:00 (8th wall) you will finish the rotation facing 12:00.
Simply add another sway left to end facing 12:00