What It Means



拍數: 36 牆數: 4 級數: Intermediate

編舞者: Hanneke - March 2012

音樂: Sweet Surrender - Helene Fischer



Intro: 16 counts

Side step left, behind cross rock, ¼ step right, ¼ pivot turn right, right side step, cross step, 2 x ¼ turns left, cross shuffle, close left.

1 LF big step to the left.

2&3 RF rock behind left foot, weight back on left, RF step ¼ turn right forward.
4&5 LF step in front, turn ¼ to the right, weight ends on RF, LF step across Left.

6& RF step behind turn ¼ left, turn ¼ left and LF step to the left side

7& RF step across Left, LF close next to RF.8& . RF step across Left, LF close next to RF.

2 x Cross Rocks right & left, 1/4 turn, pivot turn left, whole turn left, close.

1-2 & RF rock across LF, weight back on LF, RF close next to left.

3-4 & LF rock across RF, weight back on RF. turn 1/4 and LF step forward.

5-6 RF step forward, turn ½ left.

7& turn ½ left and RF step behind, turn ½ left and LF step forward.

8& RF close next to LF, LF step forward.

2 Walks, Mambo right, left lockstep back, hip sways R & L

1-2 RF step forward, LF step forward.

3&4 RF rock forward, weight back on LF. RF close next to LF.

LF step backwards, RF lock across LF, LF step backwards.

7-8 RF step to the right with hipsway to the right. Weight back on LF with hipsway to the left.

Cross Shuffle. hip sways L & R, sailor 1/4 turn, pivot 1/4 turn

1&2 RF step across LF, LF step to the left, RF step across LF.

3-4 LF step to the left with hipsway to the left - Weight back on RF with hipsway to the right.

5&6 LF step behind RF, and turn ¼ left, RF step to the right, LF step forward.

7-8 RF step forward, turn ¼ left, weight ends on LF.

Rock step, Coaster cross

1-2 RF Rock forward, weight back on LF.

3&4 RF step backwards, LF close next to RF. RF step across LF.

Tag: 12 counts Tag after the 2e wall:

Step Touch2x, rolling vine2x

LF step to the left, RF touch next to LF,
RF step to the right, LF touch next to RF.
LF step ¼ left, turn ½ left RF step
behind, turn ¼ left, RF touch next LF.

9-10 RF step ¼ right, LF step behind turn ½ right

11-12 turn ¼ right. LF touch next to RF.

End Of Dance, start the dance on 6.00 o'clock

1 LF big step to the left.

2&3 RF rock behind left foot, weight back on left, RF step ¼ turn right forward.
4&5 LF step in front, turn ¼ to the right, weight ends on RF, LF step across Left.

6& RF step behind turn ¼ left, turn ¼ left and LF step to the left side 7 & RF rock to the right, weight back on LF RF close next to LV

Have Fun!

(LF=Left Foot, RF=Right Foot)