

# Yesterday

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 2  
編舞者: Yonne Emalda - March 2012  
音樂: Yesterday - Leona Lewis



Intro: 32 counts in, approx 17 sec

## Nightclub Basic, Cross Unwind Full Turn, Sweep, Behind Side Cross Rock, Recover, Side, Cross Side Behind ¼ Turn

- 1-2&      Step L foot to L side, cross R foot behind L foot, step L foot forward slightly cross over R foot
- 3-4&      Make a full turn R sweeping R foot from front to back, cross R foot behind L foot, step L foot to L side
- 5-6&      Cross R rock foot over L foot, recover weight on L foot, step R foot to R side
- 7&8&      Cross L foot over R foot, step R foot to R side, cross L foot behind R foot, turn ¼ R stepping R foot forward

## Pivot ½ Turn, ½ Turn Sweep, Behind Side Cross, Sweep, Cross Side, Back Rock And Recover, ¼ Turn, ¼ Turn

- 1-2      Step L foot forward, turn ½ R ( follow the tune and beat of the music ) – weight on your R foot
- 3-4&      Turn another ½ L sweeping L foot from front to back, cross L foot behind R foot, step R foot to R side
- 5-6&      Cross L foot over R foot sweeping R foot out from back to front, cross R foot over L foot, step L foot to L side
- 7&8&      Cross rock R foot behind L foot, recover weight on L foot, turn ¼ L stepping R foot back, turn ¼ L stepping L foot forward

## Slow Walk X2, Pivot ½ Turn Forward, Slow Walk X2, Pivot ½ Turn, Lock Step Forward

- 1-2      Step R foot and L foot forward slowly
- 3&4      Step R foot forward, turn ½ L, step R foot forward
- 5-6      Step L foot and R foot forward slowly
- 7&8&      Step L foot forward, turn ½ R, step L foot forward, lock R foot behind L foot

## Forward, Sweep, Cross Rock Step, Cross Rock, Recover, Scissors Cross X2, ¼ Turn, ½ Turn

- 1-2&      Step L foot forward sweeping R foot out from back to front, cross rock R foot over L foot, recover weight on L foot
- 3-4&      Step R foot to R side, cross rock L foot over R foot, recover weight on R foot
- 5&6      Step L foot to L side, step R foot beside L foot, cross L foot over R foot
- &7&      Step R foot to R side, step L foot beside R foot, cross R foot over L foot
- 8&      Turn ¼ R stepping L foot back, turn ½ R stepping R foot forward