Wen Feng (Rhumba)

拍數: 64

級數: Improver

編舞者: Jennifer Chou (TW) - April 2012

音樂: Wen Feng (晚風) (卡拉OK歌伴舞)

Start dance on vocals - Sequence: 64 / Tag / 64 / Tag / 64 / Tag / 64 / 32 / Ending pose

S1: SLIDE FWD, HOLD, SLIDE FWD, HOLD, 3 QUICK STEPS FWD, 1/2 TURN RIGHT, SWEEP

- Slide LF forward, Hold, Slide RF forward, Hold 1-4
- 5-8 Step forward on LF. Step forward on RF. Step forward on LF making 1/2 pivot turn right on ball of LF, Sweep RF from front toward back (6:00)

S2: WEAVE LEFT, SWEEP, WEAVE RIGHT, SWEEP

- Cross RF behind LF, Step LF to left side, Cross RF over LF, Sweep LF from back toward 9-12 front
- Cross LF over RF, Step RF to right side, Cross LF behind RF, Sweep RF from front toward 13-16 back

S3: ROCK BACK, RECOVER, SLIDE FWD, HOLD, SLIDE FWD, 1/2 TURN LEFT, BACK, 1/4 TURN LEFT, STEP, SWEEP

- 17-20 Rock RF back, Recover on LF, Slide RF forward, Hold
- 21-24 Slide LF forward, Make 1/2 turn left stepping RF back, Make 1/4 turn left stepping LF to left side, Sweep RF from back toward front (9:00)

S4: CROSS SHUFFLE. SWEEP. CROSS SHUFFLE. SWEEEP

- Cross step RF over LF, Step LF to left side, Cross step RF over LF, Sweep LF from back 25-28 toward front
- 29-32 Cross step LF over RF, Step RF to right side, Cross step LF over RF, Sweep RF from back toward front

S5: SLIDE FWD, HOLD, SLIDE FWD, 1/2 TURN RIGHT, LOCK STEPS, DRAG

- Slide RF forward, Hold, Slide LF forward, Make 1/2 turn right (weight on LF) hooking RF over 33-36 left knee (3:00)
- 37-40 Step RF forward, Lock LF behind RF, Step RF forward, Drag LF slowly towards RF

S6: LOCK STEPS, HOLD, 1/2 TURN LEFT, BACK, 1/4 TURN LEFT, STEP, CROSS, RECOVER

- 41-44 Step LF forward, Lock RF behind LF, Step LF forward, Hold
- Make 1/2 turn left stepping RF back, Make another 1/4 turn left stepping LF to left side, Cross 45-48 step RF over LF, Recover on LF (6:00)

S7: BIG STEP, DRAG, RONDE, FLICK, FORWARD, PUSH HIPS, 1/2 TURN LEFT

- 49-50 Step RF a big step to right side, Drag LF toward RF
- 51-52 Sweep LF around with point toe(weight on RF), Flick LF behind RF
- 53-56 Step LF forward bumping hips forward, Bump hips back, Bump hips forward making 1/2 turn left on ball of LF (12:00)

S8: BIG STEP, DRAG, 1/4 TURN LEFT, FORWARD, HOLD, FORWARD, PUSH HIPS, HOLD

- 57-58 Step RF a big step to right side, Drag LF toward RF
- 59-60 Make 1/4 turn left stepping LF forward, Hold (9:00)
- 61-64 Step RF forward bumping hips forward, Bump hips back, Bump hips forward, Weight change to RF in place

TAG: 20 counts

[1-8] HIP BUMPS L-R-L, 1/2 LEFT TURN, HIP BUMPS R-L-R





牆數:4

- 1-4 Step LF to left side bumping left hip to left , bump right hip to right, bump left hip to left, Make 1/2 left turn
- 5-8 Step RF to right side bumping right hip to right, bump left hip to left, bump right hip to right, Hold

[9-16] REPEAT 1-8

[17-20] SWAY, HOLD, SWAY, HOLD

- 17-18 Sway left putting weight on LF, Hold
- 19-20 Sway right putting weight on RF, Hold