Wake Me Up And Stay



拍數: 32 牆數: 4 級數: Beginner

編舞者: Helen Reeson (AUS) - April 2012 音樂: Wake Me Up - Helene Fischer



[1-8] SIDE, TOG, SHUFFLE FWD - Rock FWD / BACK, 1/4R SIDE SHUFFLE

1,2,3&4 L side, R together, Shuffle fwd LRL 5,6 Rock fwd on R, Recover wgt back on L 7&8 Turn ½R shuffle to R side RLR ... 3.00

[9-16] WEAVE R (4) - L CROSS / ROCK, SIDE**, TCH

1,2,3,4 Cross L over R, R to R side, L behind, R to R side

5,6,7,8 Cross L over R, Recover wgt onto R, L to L side, Touch R beside L

[17-24] STEP, PADDLE 1/4L, STEP*, Clap - STEP, PADDLE 1/4R, STEP, Clap

1,2,3,4 Step R fwd, Paddle ¼L (wgt on L), Step R fwd, Clap ... 12.00 5,6,7,8 Step L fwd, Paddle ¼R (wgt on R), Step L fwd, Clap ... 3.00

[25-32] Rock FWD / BACK, 1/2R SHUFFLE - L ROCKING CHAIR

1,2,3&4 Rock fwd on R, Recover wgt back on L, Turn ½R shuffle fwd RLR ... 9.00 5,6,7,8 Step fwd on L, Rock wgt back on R, Step back on L, Rock wgt fwd on R

BEGIN AGAIN... and enjoy

TAGS – both at 6.00

End of Walls 2 & 7 add 4 counts ... HIP BUMPS LRLR

RESTARTS - both at 12.00

Wall 5 after Step, ¼L, Step* (count 19), TOUCH L beside R, then Restart Wall 11 after Cross / Rock, Side** (count 15), STEP R beside L, then Restart

FINISH – Wall 14 (starts at 6.00)

After Step, 1/4L, Step* (count 19) add 2 counts ... PIVOT 1/4L, STEP to face front

Easy steps so everyone can enjoy dancing to this great song. Can be done as a split floor with one of our favourite dances choreographed by Barry Andracchio - Wake Me Up

Contact: hreeson@internode.on.net