Almost Here



拍數: 48 牆數: 2 級數: Phrased Intermediate - NC

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音樂: Almost Here (feat. Brian McFadden) - Delta Goodrem



(Intro: 8 beats to start) - Phrasing: A Tag BAA BAA BAA

PART A - 32 COUNTS

SET A1: WALK BACK (3X), LEFT COASTER, FWD ROCK RECOVER, R NIGHTCLUB BASIC

1-3 Step back on RF, Step back on LF, Step back on RF
4&5 Step LF back, Step RF next to LF, Step LF fwd (12:00)
6&7 Rock RF fwd, Recover on LF, RF take a big step to R

8& Step LF behind RF, Cross RF over LF

SET A2: BIG STEP LEFT, WEAVING BOX

1	LF take a big step to L	
	Li take a big step to L	

2&3 Cross RF over LF (10:30), 1/8R Step LF to L, 1/8R Step RF behind LF (1:30)

Step LF behind RF, 1/8R step RF to R, 1/8R cross LF over RF (4:30)

Cross RF over LF, 1/8R Step LF to L, 1/8R Step RF behind LF (7:30)

8& Step LF behind RF, 3/8R step RF to R (12:00)

SET A3: WALK (3X), PIVOT FULL TURN SWEEP, BEHIND SIDE CROSS, CURVE RUN

1-3 Walk fwd LF, RF, LF (12:00)

4&5 Step RF fwd, pivot ½L shifting weight on RF, ½L stepping back on RF and sweep LF from

front to back

6&7 Step LF behind RF, step RF to R, Cross LF over RF (1:30)

&8& Step RF to R diagonal fwd, Step LF to L diagonal, Step RF in front of LF (counts &8&1 is a

1/4L running curve from 1:30 to 9:00)

SET A4: 1/4L SWEEP, CROSS 1/4R SWEEP, CROSS 1/4L, 1/4L PIVOT, ROCK RECOVER

1 Complete ¼L stepping LF fwd and sweep RF from back to front(9:00)

2&3 Cross RF over LF, ¼R Step back on LF (12:00), ¼R Stepping RF fwd and sweep LF from

back to front (3:00)

4&5 Cross LF over RF, 1/8L Step back on RF (1:30), 1/8L Stepping LF to L (12:00)

6-7 Step RF fwd, ½L pivot shifting weight on LF

8& Rock RF fwd, recover weight on LF

PART B (CHORUS) - 16 COUNTS

SET B1: BACK, CROSS BACK BACK, CROSS BACK BACK CROSS, ¾L REV ROLLING VINE, ¼L ROCK RECOVER, WEAVE

1 RF take a big step back (12:00)

2&3& Cross LF over RF, step back diag R on RF, step back diag L on LF, Cross RF over L

Step back diag L on LF, step back diag R on RF, Cross LF over RF 4&5

1/4 stepping back on RF, 1/2 turn stepping LF fwd, 1/4 rock RF to R

&8& Recover weight on LF, cross RF over LF, step LF to L

SET B2: ROCK, HOLD, SWAY, SWAY, RECOVER, 1/2L PIVOT, ROCK RECOVER

1-2 Rock RF back (12:00), Hold3-4 Sway body fwd, Sway body back

5 Recover Weight on LF (on the word 'loved')

6-7 Step RF fwd, ½L pivot shifting weight on L (6:00)

8& Rock RF fwd, recover weight on LF

TAG - 16 COUNTS

SET 1: BACK, CROSS BACK BACK, CROSS BACK BACK CROSS, ¾L REV ROLLING VINE, ¼L ROCK RECOVER, WEAVE

1 RF take a big step back (6:00)

2&3& Cross LF over RF, step back diag R on RF, step back diag L on LF, Cross RF over L

Step back diag L on LF, step back diag R on RF, Cross LF over RF 6&7

4L stepping back on RF, ½L turn stepping LF fwd , ¼L rock RF to R

&8& Recover weight on LF, cross RF over LF, step LF to L

SET 2: ROCK RECOVER STEP, BACK ROCK RECOVER, ½R WALK (3X), ½L PIVOT, BACK LOCK

1 Rock RF back (6:00)

6-7 Step RF fwd, ½L pivot shifting weight on L (6:00) 8& ½L stepping RF back, lock LF in front of RF (12:00)

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