

The Reason

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Judy Rodgers (USA) - April 2012
音樂: You're the Reason - Dr. Victor & The Rasta Rebels : (CD: If you Wanna be Happy)
或: Ladies Night - Kool & The Gang : (CD: The very best of Kool & the Gang)



Music 1: 16 cnt intro

Music 2: 64 cnt intro

WALK FORWARD (X 2), BALL CROSS SIDE, BEHIND SIDE CROSS, ROCK SIDE RECOVER

1-3 Walk forward R, L
&3-4 Turn $\frac{1}{4}$ left step on ball of R, cross L over R, step R to right side 9:00
5&6 Step L behind R, step R to right side, cross L over R
7-8 Rock R to right side, recover to L

CROSS & CROSS, TURN $\frac{1}{4}$, TURN $\frac{1}{2}$, STEP PIVOT $\frac{1}{4}$ CROSS, & CROSS & CROSS

1&2 Step R across L, step L to left side, cross R over L
3-4 Turning $\frac{1}{4}$ right step back on L, turning $\frac{1}{2}$ right step forward on R 6:00
5&6 Step L forward, pivot $\frac{1}{4}$ right, cross L over R 9:00
&7&8 & cross & cross

HINGE $\frac{1}{2}$ TURN LEFT, ROCK RECOVER TURN $\frac{1}{4}$, TURN $\frac{1}{2}$, STEP BACK, STEP TOGETHER, STEP FORWARD, STEP PIVOT $\frac{1}{4}$

1-2 Turning $\frac{1}{4}$ left step back on R, turning $\frac{1}{4}$ left step side on L 3:00
3&4 Rock R across L, recover L, turn $\frac{1}{4}$ right step R forward 6:00
5-6& Turn $\frac{1}{2}$ right step L back, step R back, step L back beside R 12:00
7-8 Step R forward, pivot $\frac{1}{4}$ left 9:00

BALL ROCK SIDE RECOVER, SAILOR $\frac{1}{2}$ TURN, MAMBO FORWARD, COASTER STEP

&1-2 Step R beside L and rock side L, recover R
3&4 Turn $\frac{1}{2}$ left sailor step L R L 3:00
5&6 Rock R forward, recover L, step R slightly back
7&8 Step L back, step R back beside L, step L forward 3:00

Tag for "You're the Reason": At the end of walls 2, 4, 6, 7 add the following 16 counts.

SAMBA STEP (X 2), SYNOPATED ROCKING CHAIR TO DIAGONAL, STEP PIVOT $\frac{1}{2}$

1&2 Cross R over L, rock L to side, recover R 6:00
3&4 Cross L over R, rock R to side, recover L
5&6& Rock R forward, recover L, rock R back, recover L (facing the left diagonal)
7-8 Step R pivot $\frac{1}{2}$ left

REPEAT THE ABOVE 8 COUNTS (you will come back to the same wall you started the tag on)

NO TAGS OR RESTARTS for "Ladies Night"