

EZ Rock

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Winnie Yu (CAN) - May 2012
音樂: Jailhouse Rock - Elvis Presley



Intro: 32 counts – Start position: Both feet apart with weight on right

Sec. 1: Knee Roll x 2, Pop Knees - R, L, R, L (Elvis Leg) x4

- 1-2 Rotate left knee counter clockwise (weight on right)
- 3-4 Rotate left knee counter clockwise, finished weight on left
- 5-6 Pop R knee inward with L foot straight leg, pop L knee inward with R foot straight leg
- 7-8 Repeat count 5-6

Sec. 2: Toe Strut x 2 (Moving Fwd), Touch Fwd, 1/4R Travelling Swivels to Left: Heels , Toe, Heels

- 1-4 Touch left toe forward, drop left heel down, touch right toe forward, drop right heel down
- 5-8 Touch left foot forward, make a 1/4R and swivel both heels to left, both toes to left, both heels to left, finished weight on right (3:00)

Sec. 3: Repeat Section 2

- 1-8 Repeat section 2 (6:00)

Sec. 4: Heels Flat On Spot x4

- 1-4 Touch left heel forward to left diagonal, stomp left back to center, touch right heel forward to right diagonal, stomp back to center.
- 5-6-7-8 Repeat count 1-4

Start the dance again !

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